

No News

拍數: 32 牆數: 4 級數: Improver
編舞者: Steve Bisson (UK) - February 2011
音樂: No News - Lonestar : (CD: From Here To There: Greatest Hits)



Intro: 16 counts

Section 1: Back Rock, Forward Shuffle, Full turn, Forward Shuffle

1-2 Rock back on right, recover on left
3&4 Step right forward, step left next to right, step right forward
5-6 Make ½ turn right stepping back left, make ½ turn right stepping right forward
7&8 Step left forward, step right to left, step left forward

Section 2: Side Rock, Cross Shuffle, ½ Turn, Cross Shuffle

1-2 Rock right to right side, recover weight on left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Make ¼ turn right stepping back left, make ¼ turn right stepping right to right side
7&8 Cross left over right, step right to right side, cross left over right

Section 3: Side Rock, Behind Side Cross, Side Rock, Behind ¼ Turn Step

1-2 Rock right to right side, recover weight on left
3&4 Cross right behind left, step left to left side, cross right over left
5-6 Rock left to left side, recover weight on right
7&8 Cross left behind right, make ¼ turn right stepping right forward, step left forward

Section 4: ¼ Monterey, ¼ Turn Jazz Box

1-2 Point right to right side, make ¼ turn right stepping right to left
3-4 Point left to left side, close left to right
5-6 Cross right over left, step left back
7-8 Make ¼ turn right stepping to right side, step left to right

Begin again

No tags or restarts – yippee!

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