Hold On To Something



拍數: 36 牆數: 4 級數: Improver

編舞者: Ryan King (UK) - February 2011 音樂: Hold On - Crystal Bowersox



Intro: 24 Counts

Step Rock, Back Rock, Cross Weave, Step 1/4, Rockl1/4

1 2 3 Step forward right, rock forward on left, recover onto right.4 5 6 Step back on left, rock back on right, recover onto left.

7 8 9 Cross right over left, step left to left side, step right behind left.

10 11 12 Step ¼ left on left, rock forward right, recover weight onto left making ¼ left.

Restart: Restart here on walls 3 and 7.

Step Point, Back Point, Behind Side Step, Behind Side Step

1 2 3 Step forward right, point left foot diagonally forward left, hold.4 5 6 Step back left, point right foot diagonally back right, hold.

Restart: Restart here on wall 11. (Music will slow down)

7 8 9 Step right behind left, step left to left side, step right to right side.
10 11 12 Step left behind right, step right to right side, step left to left side.

Step Hold, Step Hold, Rock Step Back, Rock Step 1/4

1 2 3 Step forward on right, hold for 2 counts.4 5 6 Step forward on left, hold for 2 counts.

7 8 9 Rock forward on right, recover weight onto left, step back right.

10 11 12 Rock back on left, recover weight onto right making ¼ left, step forward left.

Restart: Walls 3 and 8, dance 12 counts, and start again.

Restart: Wall 11 dance 18 counts, and start again.