Simply Let It Be



拍數: 32 編數: Improver NC2S

編舞者: Maureen Bullock (UK) - February 2011

音樂: Let It Be - Katie Stevens: (CD: American idol Season 9)



Intro: 16 counts (vocals)

(1-8) Nightclub basic to Rt, sway L&R, Repeat to Left.

1-2& . Step RT to RT side, close LF slightly behind RT, Recover weight to RT.

3-4 Step LF to side and sway to LF and RT.

5-6& Step LF to LF side, close RT slightly behind LF Recover weight to LF.

7-8 Step RT to side and sway to RT and LF.

(9-16) Fwd RT rock, ½ RT rock. RT coaster. Repeat with Left

1&2& Rock fwd RT foot, recover weight LF, keeping LF in place rock onto RT turning ½ RT,

recover weight LF

3&4 Step back RT, close LF to RT, step fwd RT. (6.00)

5&6& Rock fwd LF foot, recover weight RT, keeping RT in place rock onto LF turning ½ LF, recover

weight RT

7&8 Step back LF, close RT to LF, step fwd LF.

(17-24) Crossing ½ hinge turn, Cross rock & side, crossing triple, coaster cross 1/4 turn right

1-2& Cross RT over LF, step back LF ¼ turn RT, step side RT ¼ turn RT (6.00)

3-4& Cross LF over RT, recover weight RF, step side LF

5&6 Cross RT over LF, step LF small step to side and slightly back, cross RT over LF.

7-8& Step back LF ¼ turn RT, close RT to LT, Cross LT over RT (9.00)

(25-32) Sway R& L, behind turn ¼ left, mambo step ½ RT, Mambo step ½ LF with nc2 timing.

Step RT to right side sway RT, recover wt LF sway LF
Cross RT behind LF, step LF fwd turning ¼ LF (6.00)
Rock fwd RT, recover LF, turn ½ RT Step fwd RT (12.00)
Rock fwd LF, recover RT, turn ½ LF, step fwd LF. (6.00)

Start again.

Enjoy xx