

Your Heart, In Your Mind

COPPER KNOB
BY STEPHEN BRETZ

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Wil Bos (NL) & Roy Verdonk (NL) - February 2011
音樂: Summerlove - David Tavaré : (CD: La Vida Viene Y Va)



Intro: 28 Counts from first note or after 2 counts from first hard beat

Scuff, Step, Point L., Cross Rock, Recover, Close, Cross, Side Step, Sailor Step ¼ Turn R.

1&2 Scuff R. forward, Step down on R., Point L. out
3-4 Cross rock L. over R., Recover on R.
&5-6 Step L. to left side, Cross R. over L., Step L. to left side
7&8 Cross R. behind left, ¼ turn right step L. to left side, Step R. to right side (03:00)

Heel Ball Step, Rock, Recover, L. Shuffle Back, Full Turn R.

1&2 Touch L. heel forward, Step back on L. ball, Step R. forward
3-4 Rock L. forward, Recover on R.
5&6 Step L. back, Close R. next to L., Step L. back
7-8 ½ Turn right step forward on R., ½ Turn right step back on L.

Bihind side cross, Scissor Step, Diagonal Steps Forward: Step R., Lock, Step, Cross Over, Side Step

1&2 Cross R. behind L., Step L. to left side, Cross R. over L.
3&4 Step L. to left side, Close R. next to L., Cross L. over R.
5-6& Step R. forward to right diagonal, Lock L. behind R., Step R. forward to right diagonal
7-8 Cross L. over R., Step R. to right side (back to 03:00 o'clock wall) (03:00)

L. Sailor Step, Cross, Side Step, Rock Behind, Recover, & Step, Rock Behind, Recover

1&2 Cross L. behind R., Step R. to right side, Step L. to left side
3-4 Cross R. over L., Step L. to left side
5-6& Cross Rock R. behind L., Recover on L., Step R. to right side
7-8 Cross L. behind R., Recover on R.

L. Kick Ball Cross, Side Rock, Recover, Triple ¾ Turn left, Rock Forward, Recover

1&2 Kick L. forward to left diagonal, Step down on ball of L., Cross R. over L.
3-4 Side rock on L., Recover on R.
5&6 Triple ¾ turn left stepping L-R-L (06:00)
7-8 Rock forward on R., Recover on L.

Out, Out, Close, L. Shuffle Forward, Pivot L. Full Turn L.

&1-2 Step back on R. to right side, Step back on L. to left side (feet shoulder width apart), Close R. next to L.
3&4 Step L. forward, Close R. next to L., Step L. forward
5-6 Step R. forward, ½ turn left
7-8 ½ turn left step back on R., ½ turn left step forward on L. (12:00)

Rock Forward Recover, Rock Forward, Recover, Step, Rock Forward, Recover, L. Shuffle Back

1-2 Rock forward on R. (use hip), Recover on L.
3&4 Rock forward on R. (use hip), Recover on L., Step forward on R. (travel a little bit forward)
5-6 Rock forward on L., Recover on R.
7&8 Step L. back., Step R. next to L., Step L. back

R. Sailor Step ¼ Turn R., Syncopated ½ Turn R., Cross, Point, Cross Point

1&2 Cross R. behind L., ¼ turn right step L. to left side, Step R. to right side
3&4 Step forward on L. ½ turn right, Step forward on L. (09:00)

5-6 Cross R. over L., Point L. to left side
7-8 Cross L. over R., Point R. to right side

Start again smile :) and have fun

Ending (first 6 counts of the dance + sailor ½ turn and step L. to left side)

Scuff, Step, Point L., Cross Rock, Recover, Close, Cross, Side Step, Sailor Step 1/2 Turn Cross R.

1&2 Scuff R. forward, Step down on R., Point L. out

3-4 Cross rock L. over R., Recover on R.

&5-6 Step L. to left side, Cross R. over L., Step L. to left side

7&8 ¼ turn right cross R. behind left, ¼ turn right step L. to left side, Cross R over L. (12:00)

1 Step L. to left side and pose
