Rhythm Of Love



拍數: 68 牆數: 2 級數: Intermediate

編舞者: Chris Jones (UK) - January 2011 音樂: Rhythm of Love - Plain White T's



[1-8] Walk walk, Rock forward, back, forward, Walk back back, rock back, forward, back.

1,2, Walk right forward to right diagonal walk left forward, (1.30)

3&4 Rock forward right, rock back left, rock forward right,
5,6 Walk left back to left diagonal walk right back, (7.30)
7&8 Rock back left, rock forward right, rock back left.

[9-16] Coaster step, shuffle forward, rock turn ½, run 234.

1&2 Straightening to 12 o'clock step back right, step back left, step forward right,

3&4 Step forward left, step right to left, step forward left,

Rock forward right, rock back on left, turn ½ to right, step forward right,

7&8& Run left, right, left, right.

[17-24] Heel & heel & rock turn 1/2, Mambo forward & back,

1&2& Put left heel forward, step left next to right, put right heel forward, step right next to left,

3&4 Rock left forward, turn ½ to left stepping right back, step left forward,

5&6 (Facing right diagonal) Rock forward right, rock back on left, step right next to left, (1.30)

7&8& Rock back on left, rock forward on right step left next to right, step forward right.

[25-32] Walk, walk, kick ball step, turn ½ left, mambo forward & back,

1,2, Walk forward left, right,

3&4& Kick left forward step on left, step right forward, pivot ½ turn to left,

5&6 (Facing right diagonal) Rock forward right, rock back on left, step right next to left, (7.30)

7&8& Rock back on left, rock forward on right step left next to right, step forward right.

[33-40] Walk, walk, kick ball step, & turn 1/2 right sway right sway left, chasse right.

1,2, Walk forward left, right,

3&4& Kick left forward step on left, step right forward step left to right,

5,6, Sway right to right, sway left to left,

7&8 Step right to right side step left next to right step right to right side,

[41-48] Sway left sway right, chasse left, back turn ½, back turn 1/4,

1,2, Sway left to left, Sway right to right,

3&4 Step left to left side step right next to left step left to left side,

Rock back on right, rock forward on left, turn ½ to left stepping back on right,
Rock back on left, rock forward on right, turn 1/4 to right stepping back on left,

[49-56] Rock back turn 1/2 , mambo back & together & walk back back, left coaster step.

Rock back on right, rock forward on left, turn ½ to left stepping back on right,
Rock back on left, rock forward on right, step left next to right step right forward,

5,6, Walk back left right,

7&8& Step back on left step right next to left, step left forward, step right next to left.

[57-64] Walk forward left right & together knee pop, side rock cross, side rock cross.

1,2 Walk forward left right,

3&4 Step left next to right, pop both knees forward and straighten both legs,

Rock right to right side, rock left to left, cross right across left, Rock left to left side, rock right to right, cross left across right.

*Restart from beginning here in wall 3.

[65-68] Rock turn ½ right, side rock cross.

1&2 Rock forward on right, rock back on left, turn ½ to right stepping forward right,

Rock left to left side, rock right to right, cross left across right.

Begin Again

*1 restart in wall three after count 64, and start again from beginning