

Bye Bye Mambo

拍數: 32 牆數: 4 級數: Beginner
編舞者: Helen Conroy (IRE) - February 2011
音樂: Bye Bye (Piccolissima) - David Civera



SECTION 1: Walks forward and mambo forward, walks back and mambo back

1-2 Walk forward right left
3&4 Rock step forward on right, replace weight back on left, step back on right
5-6 Walk back left right
7&8 Rock step back on left, replace weight forward on right, step forward on left

SECTION 2: Right and left side mambos

1&2 Rock step right out to side, replace weight onto left, step right beside left
3&4 Rock step left out to side, replace weight onto right, step left beside right
5&6 7&8 Repeat steps 1-4 of section 2

SECTION 3: Step together side steps right, left and right forward cross mambos

1& Step right out to side, step left beside right
2& Step right out to side, step left beside right
3& Step right out to side, step left beside right
4 Step right out to side
5&6 Cross rock step left over right, replace weight back on right, step left beside right
7&8 Cross rock step right over left, replace weight back on left, step right beside left

SECTION 4: Step together side steps left, right cross mambo forward left cross & 1/4 turn mambo

1& 2& 3& 4 Repeat steps 1-4 of section 3 starting on the left foot
5&6 Repeat 5-6 of section 3 starting on the right foot
7&8 Cross rock step left over right, replace weight back on right, ¼ turn left stepping forward onto left.

End of dance
