

But Now I'm Back

COPPER KNOB
BY STEPHEN BRETTS

拍數: 46 牆數: 4 級數: Intermediate
編舞者: Linda Burgess (AUS) - September 2010
音樂: But Now I'm Back - Pink Martini : (Album: Splendor in the Grass/Bonus Track
Version - 3:01)



Optional Intro: 1-16

R Heel Strut, L Heel Strut, Rock/Fwd/Replace ½ Turn R, - Repeat Starting With L
Step R To R, Touch L Behind R, Step L To L, Step R Together, Twist To R 1&2, - Repeat L

[1-8] STEP, KICK, BACK, TOUCH, REPEAT

1,2,3,4 Step fwd R, kick L fwd, step back L, touch R back,
5,6,7,8 Repeat last 4 counts

[9-16] STEP, LOCK, STEP X 2 , PIVOT ½ X 2, JUMP FWD, JUMP BACK

1&2, 3&4 Step fwd R, lock/step L behind R, step fwd R, step fwd L, lock/step R behind L
5&6&7,8 Step fwd R, pivot ½ turn L, step fwd R, pivot ½ turn L, jump fwd (knees bent) with hands
pushed out to front, jump back (knees bent) with hands on behinds

[17-24] SIDE, TOGETHER, BACK, SIDE, TOGETHER, ¼ L, PIVOT ¼ L, WEAVE L

1&2,3&4 Step R to R, step L beside R, step back R, step L to L, step R beside L, turn ¼ L & step fwd
L,
5&6&7&8 Step fwd R, pivot ¼ turn L, cross/step R over L, step L to L, cross/step R behind L, step L to
L, cross/step R over L **

[25-30] L SUGARFOOT, STEP, R SUGARFOOT, STEP, L CHARLESTON

1&2, 3&4 (Sugarfoot)-Touch L toe next to R (with knee turned in), touch L heel next to R, step fwd L,
touch R toe next to L (with knee turned in), touch R heel next to L, step fwd R
5,6 Touch L toe fwd, step back L

[31-38] SIDE, TOGETHER, 1/4R, STEP, PIVOT ¼ R, TOGETHER, PIVOT ¼L, PIVOT ¼ L

1&2, 3,4 Step R to R, step L beside R, turn ¼ R & step fwd R, step fwd L, pivot ¼ turn R (weight R)
&5,6,7,8 Step L beside R, step fwd R, pivot ½ turn L, step fwd R, pivot ¼ turn L

[39-46] V STEPS ON HEELS TWICE, TOUCH & SLAP TURNING X 4

1&2&3&4& Step R heel fwd to R45deg, step L heel fwd to L45deg, step R back to center, step L back to
center, step R heel fwd to R45deg, step L heel fwd to L45deg, step R back to center, step L
back to center

*** (Optional:- slow V steps danced on 1,2,3,4 on whole foot)

5&6&7&8& Throw L hand out to side & Touch R toe to R45, flick R behind foot back & slap foot with R
hand, repeat 3 more times as you turn L, pivoting on your L foot and complete a 360deg turn
L.(3.00)

Begin Again!!

Restart: Wall 2.** Dance counts 1- 23, then tap R beside L & restart facing 9.00

Restart: Wall 4 ***. Dance counts 1- 42, then restart facing 3.00

Extra step:-On wall 4, 5, and 6, add the following steps after count 30.

1, 2 Touch R to R side, touch R beside L, then continue the dance from count 31.

Finish: Dance counts 1-42 (v steps on heels) then stomp R to side, throw arms out to sides and look to front.

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