

# Underneath My Skin

**COPPER KNOB**  
STEPSHEETS

拍數: 48                      牆數: 4                      級數: Beginner / Improver  
編舞者: James Hendry (UK) - February 2011  
音樂: Please Don't Let Me Go - Olly Murs



## [1-8] Walk Right Left, Rock Forward, Back Lock Back, Coaster Step

1-2                      Walk Right, Walk Left.  
3&4                      Rock Forward On The Right, Recover On left Stepping Back On Right.  
5&6                      Step Back On Left, Lock Right, Step Back On Left.  
7&8                      Step Back On Right. Step Left Beside Right. Step Right Forward.

## [9-16] Cross Rock, Chasse Left, Back Rock ½ Turn Shuffle

1-2                      Cross Left Over In Front Of Right, Recover Weight Onto Right.  
3&4                      Step Left To Left Side, Step Right beside Left, Step left To Left Side.  
5-6                      Rock Back On Right, Recover Onto Left.  
7&8                      Shuffle ½ Half Turn Right Left Right.

## [17-24] Coaster Step, Kick Ball Step, Kick Ball Step, Stomp Feet

1&2                      Step Back On Left, Step Right Beside Right, Step Forward On Left.  
3&4                      Kick Right Foot Forward, Step Down On Right Foot, Step Left Forward.  
5&6                      Kick Right Foot Forward, Step Down On Right Foot, Step Left Forward.  
7&8                      Stomp Out Right, Left, Right.

## [25-32] Left Sailor, Behind-Turn ¼ Step Forward Right, Shuffle Forward, Step Half Step

1&2                      Step Left Behind Right, Step Right Beside Left, Step Left Beside Right.  
3&4                      Cross Right Behind Left, Step Left To The Side ¼ Turn, Step Right Forward.  
5&6                      Shuffle Forward Left, Right, Left.  
7&8                      Step Forward On Right, Half Turn Over Left, Step Right Forward. (\*\*)

## [33-40] Step, Touch, Back Shuffle, Coaster Step, Point Out Right, Hook ¼ Turn

1-2                      Step Forward Left, Touch Right To Left Heel.  
3&4                      Step Back On Right, Step Left Next To Right, Step back On Right.  
5&6                      Step Left Back, Step Right Next To Left, Step Left Forward.  
7-8                      Point Right To Out To Right Side, Hook Right With A ¼ Turn.

## [41-48] Step, Step¼ Turn, Right Sailor Step, Left Toe Unwind ½ Turn Stomp Right Left

1-2                      Step Down On Right, ½ Turn Step Left To Side.  
3&4                      Step Right Behind Left, Step Left To Left Side, Step Right Next To left.  
5-6                      Dig Left Toe Behind Right Heel, Unwind ½ Turn.  
7&8                      Stomp Right, Stomp Left. 1-2 Step Forward Right ½ Turn Over Left

Tag: (\*\*) On Wall Two And Tag On Wall Five After You Have Danced Section 4.

## Step Half, Step Half

1-2                      Step Forward Right ½ Turn Over Left  
3-4                      Step Right Forward ½ Turn Over Left

Contact: Email: [Jamie.T.Hendry@Live.co.uk](mailto:Jamie.T.Hendry@Live.co.uk)