

Thinking It Over

拍數: 64 牆數: 2 級數: Beginner
編舞者: Kim Ray (UK) - January 2011
音樂: Knee Deep In the Blues - The Derailers : (CD: Full Western Dress)



32 count intro

Section 1: Weave Right, Step Right, Hold, Back Rock

1 – 2 Step right to right side. Cross left behind right.
3 – 4 Step right to right side. Cross left over right.
5 – 6 Step right to right side. Hold.
7 – 8 Rock back on left. Recover forward onto right.

Section 2: Weave Left, Step Left, Hold, Back Rock

1 – 2 Step left to left side. Cross right behind left.
3 – 4 Step left to left side. Cross right over left.
5 – 6 Step left to left side. Hold.
7 – 8 Rock back on right. Recover forward onto left.

Section 3: Step, 1/2 Pivot Left, Step, Hold, Step, 1/2 Pivot Right, Step, Hold

1 – 2 Step forward on right. Pivot 1/2 turn left.
3 – 4 Step forward on right. Hold and clap.
5 – 6 Step forward on left. Pivot 1/2 turn right.
7 – 8 Step forward on left. Hold and clap.

Section 4: Step Touches, Chasse Right, Touch

1 – 2 Step right to right side. Touch left beside right.
3 – 4 Step left to left side. Touch right toe beside left.
5 – 6 Step right to right side. Close left beside right.
7 – 8 Step right to right side. Touch left beside right.

Section 5: Side Together Forward, Hold, Chasse 1/4 Turn Right, Hold

1 – 2 Step left to left side. Close right beside left.
3 – 4 Step left forward. Hold.
5 – 6 Step right to right side. Step left beside right.
7 – 8 Step right 1/4 turn right. Hold.

Section 6: Side Together Back, Hold, Chasse 1/4 Turn Right, Hold

1 – 2 Step left to left side. Close right beside left.
3 – 4 Step back on left. Hold.
5 – 6 Step right to right side. Close left beside right.
7 – 8 Step right 1/4 turn right. Hold.

Section 7: Left Mambo Forward, Right Mambo Back

1 – 2 Rock forward on left. Rock back on right.
3 – 4 Step back on left. Hold.
5 – 6 Rock back on right. Rock forward on left.
7 – 8 Step right to right side. Hold.

Section 8: Knee Pops

1 – 2 Pop left knee in towards right. Hold.
3 – 4 Pop right knee in towards left. Hold.

5 – 6 Pop left knee in towards right. Pop right knee in towards left.
7 – 8 Pop left knee in towards right. Pop right knee in towards left.
