

You Know You Should

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Improver
編舞者: Chris Cotton - December 2010
音樂: Walkin' On Me (He Man Mix) - Big House : (CD: Best of Toe the Line)



Start on Lyrics after 32 count intro

WEAVE RIGHT, SIDE ROCK RECOVER, CROSS SHUFFLE LEFT.

1-4 Step right to right side, cross left behind right, step right to right side, Cross left over right.
5-6 Rock right out to right side, recover onto left.
7&8 Cross right over left, step left to left side, cross right over left

STEP SIDE LEFT, HOLD, HALF HINGE TURN HOLD, FORWARD ROCK RECOVER, STEP BACK, TOUCH.

1-2 Step left to left side, hold for one count
3-4 Keeping weight on left foot, half hinge turn over right shoulder, step right foot to right side, hold for one count.
5-6 Rock forward on left, recover onto right
7-8 Step back on left, touch right toe beside left

& HEEL DIG HOLD, & TOE TOUCH HOLD, SIDE SWITCHES, RIGHT, LEFT, RIGHT, CLAP.

&1-2 Step back and down on right foot, touch left heel forward, hold one count.
&3-4 Step left foot beside right, touch right toe beside left, hold one count
5&6 Touch right toe to right side, step left beside right and quickly touch left to left side
&7 8 Step left beside right and quickly touch right toe to right side, hold and clap for one count.

HALF PIVOT LEFT x 2, V STEP FORWARD AND BACK.

1-2 Step forward on right foot, half pivot left, step down on left
3-4 Step forward on right foot, half pivot left step down on right
5-6 Step right foot to right diagonal, step left foot to left diagonal
7-8 Step right foot back to centre, step left next to right.

CROSS ROCK, SIDE SHUFFLE, CROSS ROCK SIDE SHUFFLE

1-2 Cross rock right over left, recover onto left foot
3&4 Step right foot to right side, step left next to right, step right to right side
5-6 Cross rock left over right, recover onto left foot.
7&8 Step left foot to left side, step left next to right, step left to left side.

QUARTER TURN LEFT X 2, FORWARD ROCK RECOVER, COASTER STEP.

1-2 Step forward on right foot, quarter turn left, step down on left.
3-4 Step forward on right foot, quarter turn left, step down on left.
5-6 Rock forward on right foot, recover onto left.
7&8 Step back on right foot, step left next to right, step forward on right.

STEP LOCK, FORWARD SHUFFLE, STEP LOCK FORWARD SHUFFLE

1-2 Step forward on left foot, lock right foot behind left.
3&4 Step forward on left, close right beside left, step forward on left.
5-6 Step forward on right foot, lock left foot behind right.
7&8 Step forward on right, close left beside right, step forward on right.

FORWARD ROCK RECOVER, TRIPLE HALF TURN, RIGHT KICK FORWARD, STEP RIGHT, LEFT, TWO HIP BUMPS

1-2 Rock forward on left foot, recover onto right.

- 3&4 Make half turn to left, step down on left foot close right beside left Step forward on left.
5&6 Kick right foot forward, step right foot to right side, step left foot to left side.
7-8 Keep weight on left foot, bump left hip to left side, repeat.

NB

**The two half pivots in section four may be replaced with a rocking chair.
This is a VERY long track you may need to shorten a little!**

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