

# You Know You Should

拍數: 64      牆數: 2      級數: Improver  
編舞者: Chris Cotton - December 2010  
音樂: Walkin' On Me (He Man Mix) - Big House : (CD: Best of Toe the Line)



Start on Lyrics after 32 count intro

## **WEAVE RIGHT, SIDE ROCK RECOVER, CROSS SHUFFLE LEFT.**

1-4            Step right to right side, cross left behind right, step right to right side, Cross left over right.  
5-6            Rock right out to right side, recover onto left.  
7&8            Cross right over left, step left to left side, cross right over left

## **STEP SIDE LEFT, HOLD, HALF HINGE TURN HOLD, FORWARD ROCK RECOVER, STEP BACK, TOUCH.**

1-2            Step left to left side, hold for one count  
3-4            Keeping weight on left foot, half hinge turn over right shoulder, step right foot to right side, hold for one count.  
5-6            Rock forward on left, recover onto right  
7-8            Step back on left, touch right toe beside left

## **& HEEL DIG HOLD, & TOE TOUCH HOLD, SIDE SWITCHES, RIGHT, LEFT, RIGHT, CLAP.**

&1-2           Step back and down on right foot, touch left heel forward, hold one count.  
&3-4           Step left foot beside right, touch right toe beside left, hold one count  
5&6            Touch right toe to right side, step left beside right and quickly touch left to left side  
&7 8            Step left beside right and quickly touch right toe to right side, hold and clap for one count.

## **HALF PIVOT LEFT x 2, V STEP FORWARD AND BACK.**

1-2            Step forward on right foot, half pivot left, step down on left  
3-4            Step forward on right foot, half pivot left step down on right  
5-6            Step right foot to right diagonal, step left foot to left diagonal  
7-8            Step right foot back to centre, step left next to right.

## **CROSS ROCK, SIDE SHUFFLE, CROSS ROCK SIDE SHUFFLE**

1-2            Cross rock right over left, recover onto left foot  
3&4            Step right foot to right side, step left next to right, step right to right side  
5-6            Cross rock left over right, recover onto left foot.  
7&8            Step left foot to left side, step left next to right, step left to left side.

## **QUARTER TURN LEFT X 2, FORWARD ROCK RECOVER, COASTER STEP.**

1-2            Step forward on right foot, quarter turn left, step down on left.  
3-4            Step forward on right foot, quarter turn left, step down on left.  
5-6            Rock forward on right foot, recover onto left.  
7&8            Step back on right foot, step left next to right, step forward on right.

## **STEP LOCK, FORWARD SHUFFLE, STEP LOCK FORWARD SHUFFLE**

1-2            Step forward on left foot, lock right foot behind left.  
3&4            Step forward on left, close right beside left, step forward on left.  
5-6            Step forward on right foot, lock left foot behind right.  
7&8            Step forward on right, close left beside right, step forward on right.

## **FORWARD ROCK RECOVER, TRIPLE HALF TURN, RIGHT KICK FORWARD, STEP RIGHT, LEFT, TWO HIP BUMPS**

1-2            Rock forward on left foot, recover onto right.

- 3&4            Make half turn to left, step down on left foot close right beside left Step forward on left.  
5&6            Kick right foot forward, step right foot to right side, step left foot to left side.  
7-8            Keep weight on left foot, bump left hip to left side, repeat.

**NB**

**The two half pivots in section four may be replaced with a rocking chair.  
This is a VERY long track you may need to shorten a little!**

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