

Innocent

COPPER KNOB
BY STEPHEN METZ

拍數: 36 牆數: 4 級數: Intermediate
編舞者: Julia Wetzel (USA) - February 2011
音樂: No Me Enseñaste - Thalía : (CD: Thalia - 4:29, Fade track after 3:40 suggested)



Intro: 16 counts from start of heavy beat and music (approx. 28 seconds into track)

[1 – 8] Step, Step, ½ Turn R, Step, 1½ Turn L with L Ronde, Behind, Side, Cross Rock, Side

1, 2&3 Step fw on R (1), step fw on L (2), pivot ½ turn R (&) (weight forward on R), step fw on L (3) 6:00
4&5 Turn ½ L stepping back on R (4), turn ½ L stepping fw on L (&), turn ½ L back on R while sweeping L around from front to back (5) 12:00
6&7 Step L behind R (6), step R to R side (&), cross rock L over R (7) 12:00
8& Recover back on R (8), step L to L side (&) 12:00

[9 – 16] Step, L Mambo, Cross, Back, Side, Cross, Unwind, Step, ½ Turn R

1, 2&3 Take a big step fw on R (1), rock fw L (2), recover back on R (&), step L back (3) 12:00
&4&5 Cross R over L (&), step L back (4), step R to R side (&), cross L over R (5) 12:00
6, 7&8 Unwind ¾ turn R (6) (weight ending on R), step ball of L fw (7), ½ turn R on balls of both feet (&), step L heel down (8) (weight ending on L)

***(Restart after here during Wall 5 facing 3:00) 3:00**

[17 – 24] Sailor, Diagonal Locks, ¼ turn R, Scissor Cross, Weave, ¾ Turn R

1&2& Sweeping R around to step R behind L (1), step L slightly to L side (&), step R to R fw diagonal (2), close L behind R (&) (moving towards 4:30) 3:00
3&4 Step R to R fw diagonal (3), close L behind R (&), step R to R fw diagonal (4) (moving towards 4:30) 3:00
5, 6& Turn ¼ R step L to L side (5), step R next to L (6), cross L over R (&) 6:00
7&8& Step R to R side (7), step L behind R (&), Turn ¼ R step R fw (8), turn ½ R stepping back on L (&) 3:00

[25 – 32] ½ Turn R, Rock, ¼ Turn L Side, Step, ½ Turn L, ¼ Turn L Side, Behind, Side, Cross Rock, ½ Turn L with R Hitch

1 Turn ½ R stepping fw on R (1) 9:00
2&3 Rock fw L (2), recover back on R (&), ¼ turn L big step to L side on L (3) 6:00
4&5 Step fw R (4), pivot ½ turn L (&) (weight ending on L), turn ¼ L big step to R side on R (5) 9:00
6&7& Step L behind R (6), step R to R side (&), rock L over R (7), recover on R (&) 9:00
8& Turn ¼ L step L fw (8), turn ¼ L hitching R (&) (Weight on L)

***(Restart after here during Wall 2 facing 6:00) 3:00**

[33 – 36] Step, Sway, Sway, Sway

1 Step R to R side swaying to hip to R (1) 3:00
2 - 4 Sway hip to L (2), Sway hip to R (3), Sway hip to L (4) (Weight on L) 3:00

Start again and enjoy!

2 restarts:

Wall 2: Restart after count 32, facing 6:00.

Wall 5: Restart after count 16, facing 3:00.

This dance is dedicated to my friend Malene Jakobsen whose support and encouragement were invaluable to me.

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