Stay The Night



拍數: 32 編數: 4 級數: Easy Intermediate

編舞者: Tina Argyle (UK) - January 2011

音樂: Stay the Night - James Blunt: (Album: Some Kind Of Trouble)



Count In: 16 counts from beginning of track.

NOTE: You will be halfway through the first wall of the dance when the lyrics start - this is correct!!!

Right Mambo Fwd. Left Mambo Back, Brush, Step. Side Rock, Behind & Heel & Cross

Rock Back Left. Recover weight Fwd onto Rt. Brush Left at side of Rt. Step Fwd Left Rock Rt to Rt side. Recover weight onto Left. Step Rt back & slightly behind Left.

&7&8 Step Left to Left side. Cross Rt heel over Left. Small step Left to Left side. Cross Rt over Left.

Side Rock Cross, 1/2 Turn Cross Flick, Back Together Heel Strut, Right Strut, Left Strut

1&2 Rock Left to Left side. Recover weight onto Rt. Cross Left over Rt.

3&4& Make 1/4 turn Left stepping back Rt. Make 1/4 turn Left stepping Left to left side. Cross Rt

over Left. Flick Left heel up behind you.

5&6& Step back on Left. Step Rt beside Left. Touch Left heel fwd drop toes down to floor.

7&8& Touch Rt heel fwd drop toes to floor. Touch Left heel fwd drop toes to floor.

Heel Toe Side Together, Side Rock, Step Heel, Toe, Side, Together, Side Rock Cross

1&2& Touch Right heel Fwd. Touch Right next to Left. Touch Right toe to Right side. Step Right

beside Left

3&4 Rock Left to Left side. Recover weight onto Right. Step Left next to Right.

5&6& Touch Right heel Fwd. Touch Right next to Left. Touch Right toe to Right side. Step Right at

side of Left.

7&8 Rock Left to Left side. Recover weight onto Right. Cross Left over Right. (Body angled

slightly to Right diagonal)

Lock Step Back. Coaster Step. Step 1/2 Pivot 1/4 Turn walk Forward Right, Left

1&2 Step back Right. Lock Left over Right. Step back Right.

3&4 Step back Left. Step back Right. Step Fwd. Left.
5 - 6 Step Fwd. Right. 1/2 Pivot turn Left onto Left.

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7 - 8 Make 1/4 turn Left stepping Fwd. Right. Step Fwd. Left.

No Bridges, No Tags, No Restarts!! Just Dance & Enjoy!

Contact: vineline@hotmail.co.uk