

Let's Get Jitterbuggin'

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Peter Jones (UK) & Anna Lockwood (UK) - January 2011
音樂: Jitterbug Boogie - The Fantastic Shakers



Starts 22 Seconds In.

[1-8] Skate, Skate, Kickball Change, Skate, Skate, Kickball Change

1-2 Skate R Forward, Skate L Foot Forward,
3&4 Kick R Forward, Step R Next To L, Step L Next To R.
5-6 Skate R Forward, Skate L Foot Forward,
7&8 Kick R Forward, Step R Next To L, Step L Next To R.

[9-16] Rock, Recover, Shuffle ½, Shuffle ½, Shuffle ½.

9-10 Rock Forward Onto R, Recover Onto L.
11&12 Step ½ R Onto R, Step L Next To R, Step Forward Onto R.
13&14 Step ½ Turn R Stepping Back On to L, Step R Next To L, Step Back Onto L.
15&16 Step ½ R Onto R, Step L Next To R, Step Forward Onto R.

[17-24] 2 x Shimmy's

17-20 Step L To L Side, Drag R Next To L Over 2 Counts, Step R Next To L.
(Shaking alternate shoulders backwards and forwards).
21-24 Step L To L Side, Drag R Next To L Over 2 Counts, Touch R Next To L.
(Shaking alternate shoulders backwards and forwards).

[25-32] Heel Switches, Step, ¼ Turn, Heel Switches, Step, ¼ Turn.

25&26& Touch R Heel Forward, Step R Next To L, Touch L Heel Forward, Step L Next To R,
27-28 Step Forward Onto R, Pivot ¼ Turn L Onto L.
29&30& Touch R Heel Forward, Step R Next To L, Touch L Heel Forward, Step L Next To R,
31-32 Step Forward Onto R, Pivot ¼ Turn L Onto L.

[33-40] Cross, Side, Behind, ¼ Turn, ¼ Turn, Side, Kickball Cross.

33-34 Cross R Over L, Step L To L Side.
35-36 Step R Behind L, Turn ¼ L Stepping Forward Onto L.
37-38 Turn ¼ L Stepping R To R Side, Step L To L Side.
39&40 Kick R Across L, Step R Next To L, Cross L Over R.

[41-48] Back, Side, Cross, Point, Cross, Side, Sailor ¼ Turn.

41-42 Step Back Onto R, Step L To L Side.
43-44 Cross R Over L, Point L To L Side.
45-46 Cross L Over R, Step R To R Side.
47&48 Sweep L ¼ Turn L Stepping Behind R, Step R To R Side, Step L To L Side.

HAVE FUN! DANCE WITH A SMILE

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