

Always Gold

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Scott Blevins (USA) - January 2011
音樂: Second Sight - Club des Belugas : (CD: "Swop", or single)



32 count intro, start when the drums kick in and they speak the lyrics, "Where were you born again?"

[1 – 8]

- 1-2&3 (1) Rock forward R; 2) Recover weight back on L; &) Turn $\frac{1}{4}$ right stepping side R [3:00]; 3) Step L across R
- 4&5 "Side step pivot $\frac{1}{2}$ ": (4) Step side R; &) Start $\frac{1}{2}$ turn left switching weight to L; 5) Finish $\frac{1}{2}$ turn left stepping side R and pushing right hip out to side [9:00]
- 6-7 (6) Lead with knee and hip to step side L; 7) Step R across L
- 8& (8) Turn $\frac{1}{4}$ left rocking forward L [6:00]; &) Recover weight back on R

[9-16]

- 1-2-3 (1) Step back L; 2) Turn $\frac{1}{4}$ right stepping side R [9:00]; 3) Step L across R
- 4&5 (4) Turn $\frac{1}{4}$ right rocking forward R [12:00]; &) Recover weight back on L; 5) Turn $\frac{3}{8}$ right stepping forward R [5:00 diagonal]
- 6-a7 (6) Step forward L [5:00 diagonal]; a) Bring R foot up into "figure 4" (toe of R at calf of L) as you start $\frac{3}{4}$ turn right on ball of L foot; 7) Finish $\frac{3}{4}$ turn and step side R [facing 1:00 diagonal]
- 8& (8) Rock L across R; &) Recover weight back on R [1:00 diagonal]

[17-24]

- 1-2-3 (1) Step side L [square up to 12:00]; 2) Step R across L; 3) Turn $\frac{1}{2}$ right on ball of R ending with L toe pointed to left side [6:00]
- 4&5 (4) Rock L across R; &) Recover weight back on R; 5) Turn $\frac{1}{4}$ left stepping forward L [3:00]
- 6-7 (6) Turn $\frac{1}{4}$ left stepping side R [12:00]; 7) "Flick" L foot behind R calf/knee
- 8& (8) Rock side L; &) Recover weight onto R

[25-32]

- 1-2-3 (1) Step forward L; 2) Turn $\frac{1}{4}$ left rocking side R [9:00]; 3) Recover weight to L
- 4&5 (4) Step R across L; &) Turn $\frac{1}{4}$ right stepping back L [12:00]; 5) Turn $\frac{1}{2}$ right stepping forward R [6:00]
- 6-7 (6) Rock forward L; 7) Recover weight back on R
- && (&) Step back L; 8) Turn $\frac{1}{4}$ right stepping forward R [9:00]; &) Step forward L

Begin Again and Enjoy!

Step sheet prepared by Debi Pancoast.