

Hell Yeah

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Shanon Dickson (AUS), Paul Turney (UK), Alison Johnstone (AUS), Tina
Summerfield (UK) & Francien Sittrop (NL) - January 2011
音樂: Hell Yeah - McAlister Kemp : (Album: All Kinds Of Tough)



ACW Rotation

[1 – 8] Side Shuffle, Rock, Recover, Side Shuffle ¼ R, Rock, Recover

1 & 2 Step L to L side, Step R beside L, Step L to L Side
3 – 4 Rock Back on R, Rock/Replace Fwd onto L
5 & 6 Step R to R Side, Step L beside R, Step R to side with ¼ turn L (9.00)
7 – 8 Rock back on L, Rock/Replace Fwd onto R

[9 – 16] Step Fwd, Tap, Step Back, Kick L, Coaster Step, R Brush, Cross

1 – 2 Step Fwd onto L, Tap R toe Behind L
3 – 4 Step Back on R, Kick L fwd
5 & 6 Step Back on L, Step R next to L, Step Fwd on L
7 – 8 Brush R Fwd, Cross Step R over L (**)

[17-24] Rock, Recover, Cross Shuffle, ½ Hinge Turn, Lift & Lower x2

1 – 2 Rock L to Side, Recover onto R
3 & 4 Cross L over R, Step R to side (&), Cross L over R
5 – 6 Step Back on R turning ¼ over L, Step L to Side turning ¼ over L (3.00)
7 – 8 Lift & Lower R Heel, Lift & Lower R Heel (**)

[25-32] Out Out Kick, Cross, Hold, ¼ Turn R, Touch, ¼ Turn R, Scuff

&1-2 Step R out to R Side, Step L out to L Side, Kick R to R diagonal
3 – 4 Cross R over L, Hold
5 – 6 Step back on L ¼ turn R, Touch R beside L
7 – 8 Step Fwd on R ¼ turn R, Scuff L Fwd (9.00) (++)

[33-40] Toe Strut, Heel & Toe Swivel, Side, Rock, Cross, Hold

1 – 2 Step on L toe fwd, Drop L heel
3 – 4 Swivel R Toe and L heel out, Swivel R toe in and L Heel in (Weight ends on L)
5 – 6 Rock R to R side, Recover on L
7 – 8 Step R across L, Hold (9.00)

Restarts:

(##) Wall 8 dance the first 24counts (Keep weight on R) to Restart wall 9 facing back wall ## (6.00)

(**) Wall 10 dance the first 16counts, then Restart wall 11 facing front wall ** (12.00)

(++) Wall 11 dance the first 32 counts only then restart ++ (9.00)

NuLine Dance