

A Perfect Night

COPPERKNOB
BY STEPHEN BRETZ

拍數: 48 牆數: 2 級數: Improver
編舞者: Niels Poulsen (DK) - January 2011
音樂: Stay the Night - James Blunt



Note: This is a floor-split to Simon Ward's cool intermediate dance 'A Perfect Day'

Intro: 64 counts from first beat in music (20 secs into track). Weight on L

[1 – 8] R point touch point, behind side cross, L point touch point, behind side fw

1&2 Point R to R side (1), touch R next to L (&), point R to R side (2) [12:00]
3&4 Cross R behind L (3), step L to L side (&), cross R over L (4)
5&6 Point L to L side (5), touch L next to R (&), point L to L side (6)
7&8 Cross L behind R (7), step R to R side (&), step fw on L (8)

[9 – 16] Run R L R, L mambo, R back lock step, L shuffle ½ L

1&2 Run fw on R (1), run fw on L (&), run fw on R (2) [12:00]
3&4 Rock fw on L (3), recover weight back on R (&), step back on L (4)
5&6 Step back on R (5), lock L over R (&), step back on R (6)
7&8 Turn ¼ L stepping L to L side (7), step R next to L (&), turn ¼ L stepping fw on L (8) [6:00]

[17 – 24] R side rock cross, side rock ¼ R fw, R side rock cross, L side rock ¼ R fw

1&2 Rock R to R side (1), recover weight to L foot (&), cross R over L (2)
3&4 Rock L to L side (3), turn ¼ R recovering fw onto R (&), step fw on L and slightly across R (4) [9:00]
5&6 Rock R to R side (5), recover weight to L foot (&), cross R over L (6)
7&8 Rock L to L side (7), turn ¼ R recovering fw onto R (&), step fw on L (8) [12:00]

[25 – 32] R toe strut, L toe strut, R kick out out, R sailor, L sailor ¼ L

1&2& Touch R toe fw (1), step down on R foot (&), touch L toe fw (2), step down on L foot (&) [12:00]
3&4 Kick R fw (3), step R back and slightly out to R side (&), step L a small step out to L side (4)
5&6 Cross R behind L (5), step L to L side (&), step R to R side (6)
7&8 Cross L behind R (7), turn ¼ L stepping R to R side (&) step L to L side (8) [9:00]

[33 – 40] R toe strut, L toe strut, R kick out out, R sailor, L sailor ¼ L

1&2& Touch R toe fw (1), step down on R foot (&), touch L toe fw (2), step down on L foot (&) [9:00]
3&4 Kick R fw (3), step R back and slightly out to R side (&), step L a small step out to L side (4)
5&6 Cross R behind L (5), step L to L side (&), step R to R side (6)
7&8 Cross L behind R (7), turn ¼ L stepping R to R side (&) step L to L side (8) [6:00]

[41 – 48] Diagonally fw R, tap L behind, back L, kick R, behind side cross. Repeat with L

1&2& Step R fw to R corner but still facing 6:00 (1), tap L toe behind R (&), step L diagonally back L (2), kick R fw (&) [6:00]
3&4 Cross R behind L (3), step L next to R (&), cross R over L (4)
5&6& Step L fw to L corner but still facing 6:00 (5), tap R toe behind L (&), step R diagonally back R (6), kick L fw (&)
7&8 Step back on L (7), step R next to L (&), cross L over R (8) [6:00]

Begin again!... Sing along and be happy, just like this song is!

Ending: Complete 6th wall, you'll be facing 12:00. Point R foot out to R side... Tadaahh!!!

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