

Out of The Blues

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Maureen Jones (UK) & Michelle Jones (UK) - January 2011
音樂: Out of the Blue - Michael Learns to Rock : (CD: 19 Love Songs)



Intro: 8 counts

LARGE STEP RIGHT, BACK ROCK, ¼ TURN-SIDE, SAILOR ¼ TURN, ROCK ½ SHUFFLE TURN WITH ROCK

1 Step right large step right, dragging left
2&3 Rock left behind right, recover onto right, make ¼ turn right and step left to left
4&5 Sweep right back & step behind left, make ¼ turn right and step left slightly forward, step right forward
6-7 Rock left forward, recover onto right
8&9 Make ¼ turn left and step left to left, step right beside left, make ¼ turn left and rock left forward

RECOVER, BACK, BACK ROCK, 1/2 TURN-BACK, BACK ROCK, ½ TURN-BACK, SAILOR ¼ TURN

10-11 Recover onto right, step left back
12&13 Rock right back, recover onto left, spin ½ turn left and step right back
14&15 Rock left back, recover onto right, spin ½ turn right and step left back
16&17 Sweep right back and step behind left, make ¼ turn right and step left slightly forward, step right large step right

BACK ROCK, SIDE SHUFFLE, BACK ROCK, SHUFFLE

18-19 Rock left behind right, recover onto right
20&21 Side shuffle left stepping left, right, left
22-23 Rock right behind left, recover onto left
24&25 Shuffle forward stepping right, left, right

STEP, STEP-1/2 PIVOT-STEP, ½ SPIN TURN-BACK, BACK, SHUFFLE ½ TURN, ¼ TURN

26 Step left forward
27&28 Step right forward, pivot ½ turn left, step right forward
29-30 Spin ½ turn right & step left back, step right back
31&32& Shuffle ½ turn left stepping left, right, left, on ball of left make ¼ turn left

TAG – insert after wall 3 (facing the back)

1 Step right large step right, dragging left
2&3 Rock left behind right, recover onto right, make ¼ turn right and step left back
4&5 Step right back, step left beside right, step right forward
6-8 Step left forward, pivot ¼ turn right, step left across right

Note:- After wall 7 there is a very brief pause. Slow the final shuffle turn on wall 7 and pause briefly, then continue with next wall as music resumes (facing front).

Contact: thegirls2ms@hotmail.com