

8 Letters

拍數: 120 牆數: 3 級數: Phrased Advanced
編舞者: Tony Myers (UK) - January 2011
音樂: Eight Letters - Take That : (CD: Progress)



Part A: 64 counts - Part B: 24 Counts - Part C: 32 Counts.

Sequence A, 32 of A, B, A, 32 of A, B, B, C, 32 of A, B, B, Last 16 of B

PART A

Rock L to side, recover, kick : lock step lock back: unwind $\frac{3}{4}$ right: L side, pop knees, kick R

1&2 Rock left to side (1), Recover to Right (&), Kick left forward across Right.
3&4 Cross left over right (1), Step back right (&), Cross left over Right.
5, 6 Unwind $\frac{3}{4}$ turn to right (weight on left), Rock/step right to side bending knee
7&8 Step left to left side (1), Pop Knee's to centre lifting heels and swivelling heels out (&)
 Straighten legs whilst kicking Left to Left (8). (9:00)

Tap , Tap, Lock : step lock $\frac{1}{4}$ side step, side : back right, back left : Sailor $\frac{1}{4}$ right

1 &2 Tap left foot behind right (1) Tap left foot behind right (&) Lock left foot behind Right (2)
3&4& Step diagonal forward on right (3) Lock left behind right (&) Step right $\frac{1}{4}$ right to side (4) Step
 left to side (&) (12:00)
5, 6 Step back on right (5) Step back on left (6)
7&8 Turn $\frac{1}{4}$ right Stepping Right behind left(7), step left to side(&), step right to side(8), (3:00)

$\frac{1}{2}$ Mambo turn left : side together cross : back $\frac{1}{4}$ right step : Touch, Step back ,kick

1&2 Rock forward on left (1) Recover on right (&) Turn $\frac{1}{2}$ turn left stepping forward on left (2)
3&4 Step right to side(3) Slide Left next to right (&) Cross right over left
5,6 Step back on left turning $\frac{1}{4}$ right (5) Big step forward on right to Diagonal (6) (12:00)
7&8 Touch left next to right (7), step back on left (&) , kick right leg to corner (8) (1:30)

Back $\frac{1}{2}$ turn, touch : Touch, Touch, Step : Behind Turn : Left Side Mambo

1&2 Step right back (1) turn 1/2 left stepping left forward (&) touch right next to left (2) (6:00)
3&4 Touch right toe to right side (3) Touch right next to left (&) Step right to side (4)
5,6 Step left behind Right (5) turn $\frac{1}{4}$ right stepping right to side (6) (9:00)
7&8 Rock left to side (7) Recover on right (&) Step left next to right (8) (9:00) *

Side , Together , Point : Behind , Side, Behind : Sway Left Right : Cross Shuffle

1&2 Step right to side (1) slide left next to right (&) Point right to side (2)
3&4 Step right behind left (3) step left to side (&) step right behind left (4)
5 , 6 Step left to side with sway (5) sway weight back to right (6)
7&8 Cross left over right (7) step right to side (&) Cross left over right (8) (9.00)

1/2 Turn Left : Rock, Recover Touch : Side Behind : Chasse $\frac{1}{4}$ Right

1,2 Step back on right turning $\frac{1}{4}$ left(1) Turn $\frac{1}{4}$ left step left to side (2) (3.00)
3&4 Rock right to side (3) recover on left (&) touch right over left (4)
5,6 Step right to side (5) step left behind right (6)
7&8 Step right to side $\frac{1}{4}$ turn right (7)step Left next to right (&) step forward right (8) (6.00)

Toe Switches x 3, Step Forward: $\frac{1}{4}$ Step, Step: $\frac{1}{2}$ Turn, Together Step

1&2 Touch left toe forward (1) step left back (further than right) (&) Touch right toe forward (2)
&3&4 Step back right (further than left) (&) touch right toe forward (3) step left back (further than
 right) (&) Step right forward (4)
5,6 Turn $\frac{1}{4}$ left stepping on left (5) step forward right(6) (3:00)
7&8 Pivot $\frac{1}{2}$ turn left (weight on left) (7) Step right next to left (&) Step forward left (8) (9.00)

Kick , Out , Out : Cross Rock, Recover , Turn , : Press Recover : Back, Turn, Touch

- 1&2 Kick right forward (1) Step out right (&) Step out left (2)
 3&4 Cross rock right over left (3) recover on Left (&) turn ¼ right stepping forward on right (4) (12:00)
 5, 6 Press forward on left (5) recover on right (6)
 7&8 Step back on left (7) Turn ½ turn right stepping forward right (&) touch left next to right (8) (6.00)

PART B**Point, Turn: Rock Recover: Rock Recover: ¼ Turn, Step**

- 1, 2 Point right to side. (1) Turn ½ turn right, step right next to left (2)
 3, 4 Rock forward on left (1) . Recover on right (2)
 & 5,6 Step left next to right (&) Rock forward on right (5) Recover to left (6)
 7, 8 Turn ¼ right Step right forward (7) step left to left (8)

Swivel Turn, Touch: Walk, Walk: Rock, Recover: Kick ball step

- 1, 2 Swivel toes of right foot ¼ turn right (1) Turn body ¼ right touch left toes next to right (2)
 3, 4 Walk back left (1) walk back right (2)
 5,6 Rock back on left (1) recover on right (2)
 7&8 Kick left forward (1) step back on left (&) step onto right (8)

Cross, Side: Behind, side, cross: Turn, Step: Sailor ½ Turn

- 1, 2 Cross left over right (1) step right to side (2)
 3&4 Step left behind right (3) step right to side (&) cross left over right (4)
 5,6 Turn ¼ right stepping right forward (5) step left to side (6)
 7&8 Turn ¼ right stepping back on right (7) turn ¼ right stepping left to side(&) Step right to side

PART C**Triple full turn: Rock, recover: ½ shuffle: Walk, Walk**

- 1&2 Turn ¼ left stepping forward left (1) turn ½ left stepping back on right (&) turn ¼ left stepping left to side (2)(or side chasse left) (9:00)
 3,4 Rock back on right (3) recover on left (4)
 5&6 Turn ¼ left on right (5) step left next to right (&) Turn ¼ left stepping back on right (6) (3:00)
 7,8 Walk forward Left (7) Walk forward Right (8)

Step, lock, step: Step, full turn: Left shuffle: Forward, Touch

- 1&2 Step forward left (1), lock right behind left (&) step forward on left(2)
 3,4 Step forward on Right (3) , turn full turn left on ball of right hooking left in front of right. (4)
 5&6 Step forward left (5) step right next to left (&) step forward on left (6)
 7,8 Step forward on right (7) Touch left toes at back of right heel. (8)

Behind, side, cross: Turn, Turn: ¼ Chasse: Cross, Back

- 1&2 Step left behind right(1) Step right to side (&) Cross left over right (2)
 3,4 Turn ¼ right stepping forward right (3) Turn ½ right stepping back on left (4) (12:00)
 5&6 Turn ¼ right stepping right to side (5) step left next to right (&) step right to side (6) (3:00)
 7,8 Cross left over right (7) Step back on right (8)

¼ Coaster: Step ½ Turn: Cross shuffle: Sway,Sway

- 1&2 Step back on left (1) Turn ¼ right stepping on right (&) Step forward left (2) (6:00)
 3,4 Step right to side (3) Turn ½ left stepping left to side (4) (12:00)
 5&6 Cross right over left (5) Step left to side (&) Cross right over left (6)
 7,8 Step left to side swaying left (7) Sway weight back on right (8) (12:00)

Note:-

When B follows a B add an & count after ½ turn sailor, placing weight on left.

Add an & count to switch weight to left, before starting the final 16 counts of part B.

At the end of the last 16 counts alter the $\frac{1}{2}$ turn sailor to a $\frac{3}{4}$ turn sailor to end at front.
