

Cooler

拍數: 64 牆數: 2 級數: Improver
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(USA) - January 2011
音樂: Cooler Than Me - Mike Posner



Start the dance on the heavy beat (0:32).

[1-8] Step Touch, Step Touch, Travelling Boogie Swivels (Kick & Touch, Kick & Touch)

1,2 Step Rt to right, Touch Lt next to right (Snap)
3,4 Step Lt to left, Touch Rt next to left (Snap)
5 Swivel on ball of Lt - kicking Rt toe to right diagonal (both toes point to right)
& Step Rt to right
6 Swivel on ball of Rt - stepping Lt next to right, toes pointing left, knees slightly bent, body facing left diagonal
7&8 Repeat 5&6

[9-16] Rock Step, Sailor Fwd, Step Lock, Step Lock Step

1,2 Rock Rt to right, Replace weight Lt
3&4 Step Rt behind left, Step Lt in place, Step Rt fwd
5,6 Step Lt fwd, Lock Rt behind left
7&8 Step Lt fwd, Lock Rt behind left, Step Lt fwd

[17-24] Step 1/2 Turn, Step, 1/2, 1/4, Hold, & Side Together

1,2 Step Rt fwd, Make a 1/2 Turn left (Weight Lt)
3,4 Step Rt fwd, Make a 1/2 Turn right stepping back Lt
5,6 Make a 1/4 Turn right stepping Rt to right, Hold
&7,8 Step Lt next to right, Step Rt to right, Step Lt next to right (3:00)

[25-32] Heel & Heel &, Step Fwd, Rock Step, 1/2 Turn, Out, Out

1&2& Touch Rt heel fwd, Step Rt next to left, Touch Lt heel fwd, Step Lt next to right
3,4 Take a big step fwd on the Rt foot, Step Lt next to right
5,6 Rock Rt fwd, Replace weight Lt
7,8 Make 1/2 turn right stepping Rt to right, Step Lt to left (Weight Lt - Hold) (9:00)

[33-40] Jazz Box Cross, Side, Cross, Side, Cross

1,2 Step Rt across Lt, Step Lt back
3,4 Step Rt to right, Cross Lt in front of right
5,6 Step Rt to right, Cross Lt in front of right with compressed knee's – Looking back Lt
7,8 Step Rt to right and straighten knee's, Cross Lt in front of right with compressed knee's – Looking back Lt

[41-48] Touch, 1/4 Turn, Walk Back, 1/2 Turn, 1/4 Rock Replace, Step Fwd

1,2 Touch Rt to right, Pivot 1/4 right Rt touching Rt fwd (12:00)
3,4 Walk back Rt, Lt
5,6 Make 1/2 turn Rt stepping Rt fwd, Make 1/4 turn Rt rocking Lt to left
7,8 Replace weight Rt, Step Lt fwd (9:00)

[49-56] Rock Step, Coaster Step, Rock Step, Shuffle 1/2 Turn

1,2 Rock Rt fwd, Replace weight Lt
3&4 Step Rt back, Step Lt next to right, Step Rt fwd
5,6 Rock Lt fwd, Replace weight Rt

7&8 Make 1/4 turn Lt stepping Lt to left, Step Right next to left, Make 1/4 turn Lt stepping Lt fwd
(3:00)

[57-64] Step 1/4 Turn, Cross, 1/4, 1/4, Cross, Slide, Together

1,2 Step Rt fwd, Make 1/4 turn left stepping Lt to left (12:00)

3,4 Cross Rt over left, Make 1/4 turn right stepping back Lt (3:00)

5,6 Make 1/4 turn right stepping Rt to right (6:00), Cross Lt over right

7,8 Step Rt a big step Right, Slide Lt to Right (weight Lt) (6:00)

Have Fun

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