Never Alone

級數: Intermediate NC

編舞者: Gary Stubbs (UK) - January 2011

音樂: You'll Never Be Alone - Anastacia : (Album: Freak of Nature)

Start On Vocals , 19 Counts , 15 Seconds.

R Basic Quarter, Cross Quarter Turn, Cross Quarter Half, Quarter Sway R L. 1-2&3 Step right to right side, rock back on left, recover weight on right, step left to left side making a ¼ Left. 4&5 Cross Right Over Left, Step Left Back Making a ¼ Turn Right, Step Right To Right Side. Cross Left Over Right, Step Right Back Making a 1/4 Turn Left, Step Left Foot Forward &6& Making a ¹/₂ Turn Left. 7-8 Step Right To Right Side Making a ¹/₄ Turn Left Swaying Hips To Right . Sway Hips To Left. Quarter Sweep, Cross Back Back, Cross Back, Rock Recover, Step Pivot Half Turn, Step Half Turn. Step Right Making a 1/4 Right Sweeping Left Round, Cross Left Over Right, Step Right Back 1-2&3 , Step Left Back. 4& Cross Right Over Left, Step Back On The Left. 5-6 Rock Back On To Right, Recover Weight onto Left 7&8& Step right forward, turn 1/2 left (weight to left), Step right forward turn 1/2 right stepping back on the left. Quarter , Cross Rock Recover Quarter , Mambo Sweep , Sailor Quarter L, Side Rock Cross Rock. 1-2&3 Step right to right side making a ¼ Right *, Cross Rock Left Over Right , Recover onto Right, Make a ¼ Left Stepping forward Left. 4&5 Rock forward on Right, Recover on Left, Step back on Right. 6&7 Cross left behind right, make 1/4 turn left stepping right in place, Cross Left Over Right.** 8&1 Rock Right to R side, recover to left, cross rock right over left. Recover Side Cross, Side Rock Cross, Rolling Vine, Salior Half R. 2&3 Recover Weight onto left, step right to right side, cross left over right. Rock Right Out To Right Side, Recover weight onto Left, Cross Right Over Left. 4&5 Step Left Back making a guarter turn Right, Make a Half Turn Over R Shoulder Stepping 6&7 Forward on the Right. Make a Quarter Turn Stepping Left to Left Side . 8& Turn ¼ right, cross stepping right behind left. Turn ¼ right stepping left beside right.*** *Restart Wall 2 after 16 Counts. **After Counts 23 On Wall 5 Replace Counts 24& With These Steps And Restart From The Beginning. 24& Step Right To Right Side , Cross Left Over Right.

***TAG: 16 Count Tag (End Of Wall 6)

Basic Nightclub R, L, Hip Sways.

- 1-2& Step right to right side, rock back on left (slightly behind right), recover weight forward onto right.
- 3-4& Step left to left side, rock back on right (slightly behind left), recover weight forward onto left.
 5-6 Step Right And Sway Right, Sway Left.
- 7-8 Sway Right , Sway Left.
- 9-16 Repeat Counts Above and Restart The Dance From Beginning.

Any Trouble Getting The Music Email me at cow.jumped.over.the.moon@hotmail.co.uk and I would be happy to send it.





拍數: 32

牆數:2