

Accordion Love

COPPER KNOB
BY STEPHEN METZ

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Bryan McWherter (USA) - November 2010
音樂: Stereo Love - Edward Maya & Vika Jigulina



Dance Starts @: 0:15s (32 counts into song.)

WIZARD STEPS, ½ TURN, HOLD, HIP BUMP, BUMP

- 1,2& Step left foot forward at your left diagonal (1), step right foot behind left (2), step left foot to the left side (&),
- 3,4& Step right foot forward at your right diagonal (3), step left foot behind right (4), step right foot to the right side (&),
- 5,6 Step forward onto the ball of your left foot (5), make a ½ turn right keeping your weight back on your left foot (6), *Right toe should be on the floor and your right knee should be slightly bent.
- 7&8 Hold (7), keeping feet in place straighten your right leg & swing/bump your right hip to the right using body isolation your bump should be in the direction of the 6 o'clock wall (&)
swing/bump your left hip to the left side bringing your body back to the home position, (Right toe on floor with your knee slightly bent.) Your left hip bump direction should be toward the 3 O'clock wall with your body still facing the 6 o'clock wall (8),

*Counts &8 think of a belly dancing hip bump. Isolations / feet stay in place.

WIZARD STEPS, ½ TURN, HOLD, HIP BUMP, BUMP

- 1,2& Step right foot forward at your right diagonal (1), step left foot behind right (2), step right foot to the right side (&),
- 3,4& Step left foot forward at your left diagonal (3), step right foot behind left (4), step left foot to the left side (&),
- 5,6 Step forward onto the ball of your right foot (5), make a ½ turn left keeping your weight back on your right foot (6), *Left toe should be on the floor and your left knee should be slightly bent.
- 7&8 Hold (7), keeping feet in place straighten your left leg & swing/bump your left hip to the left using body isolation your bump should be in the direction of the 12 o'clock wall (&)
swing/bump your right hip to the right side bringing your body back to the home position, (Left toe on floor with your knee slightly bent.) Your right hip bump direction should be toward the 3 o'clock wall still facing the 12 o'clock wall (8),

*Counts &8 think of a belly dancing hip bump. Isolations / feet stay in place.

TURNING BOX, HEEL, TOE, HEEL, KNEE, BALL, CROSS

- 1,2 Step left too to left side making a ¼ turn right (1), step right foot to right side making ¼ turn right (2),
- 3,4 Step left foot to left side making a ¼ turn right (3), step ring foot to right side making ¼ turn right (4), *Counts 1-4 should make a box turning clockwise.
- 5,6,7 With weight on ball of right foot fan right heel out to right side (5), transferring weight to the heel of your right foot fan your right toe to right side (6), transferring weight back the ball of your right foot fan your right heel to the right side (7),
- 8&1 In your lunging position weight on right lift your left knee up (8), step your left foot down in place (&), cross step right in front of left starting your counter clockwise hip circles (1),

HIP CIRCLES, BALL, CROSS, HIP CIRCLES, ¼ TURN, ROCK, RECOVER, ½ TURN STEP

- 2,3,4 In your crossed position roll your hips in a counter clockwise "circular" pattern, while you do this you should be changing your weight back to your right foot (2,3,4)
- &5 Step left foot slightly to your left side (&), cross step right in front of left starting your counter clockwise hip circles (5),

- 6,7 In your crossed position roll your hips in a counter clockwise "circular" pattern, while you do this you should be changing your weight back to your right foot (6,7),
- 8&1 Making a ¼ turn left rock forward onto the ball of your left foot (8), recover your weight back to your left foot (&), making a ½ turn left step forward onto your left foot (1),

***You should be facing the 3 o'clock wall.**

WALK, WALK, ROCK, RECOVER, ½ TURN STEP, ROCK, RECOVER, BACK

- 2,3 Step right foot forward toward your left diagonal (2), step right foot forward toward your left diagonal (3),
- 4&5 Continue facing the left diagonal rock forward onto the ball of your right foot (4), recover your weight back to your left foot (&), step back on to your right foot (5),
- 6,7 Step back onto your left foot (6), while making a ½ turn right step forward onto your right foot (7),
- 8&1 Rock forward onto your left foot (8), recover weight back to your right foot (&), Step back onto your left foot (1),

BACK, BACK, KNEE, OUT, OUT, HIP ROLL

- 2,3 Step back on your right foot (2), step back on your left foot (3),

***Using this time to square yourself off with the 9 o'clock wall.**

- 4&5 Lift your right knee up (4), step right foot to right side (&), step left foot to left side (5),
- 6,7,8 Hold for count (6), roll your hips left to right (7,8),

STEP, SIDE TOUCH, STEP CROSS, SIDE TOUCH, STEP CROSS, SIDE TOUCH, STEP CROSS, SIDE TOUCH, STEP CROSS,

- &1,2 Step left foot next to right (&), touch right toe out to right side (1), cross step right in front of left (2),
- 3,4 Touch left toe out to left side (3), cross step left foot in front of right (4),
- 5,6 Touch right toe out to right side (5), cross step right in front of left (6),
- 7,8 Touch left toe out to left side (7), cross step left foot in front of right (8),

STEP ½ TURN, PREP, ½ TURN RIGHT, ½ TURN RIGHT, STEP ½ TURN PIVOT, HITCH

- 1,2,3 Step forward on to the ball of your right foot (1), while making a ½ turn left step forward onto your left foot (2), step right foot forward prepping your body to turn right (3),
- 4,5,6 Step back on your left foot making a ½ turn right (4), step forward onto your right foot making a ½ turn right (5), step forward on to the ball of your left foot (6),
- 7,8 Make ½ turn right stepping forward on to your right foot (7), slightly hitch left knee (8).

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Sincerely,

Dr. Peacock

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