

In The Jungle

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sobrielo Philip Gene (SG) - January 2011
音樂: The Lion Sleeps Tonight - Billy Eichner & Seth Rogen : (Album: The Lion King Soundtrack)



Intro: 16 beats (starts after percussions coming in)

[1-8] Sway Sway, Side Shuffle, Cross Rock, ¼ turn Forward Shuffle

1-2 Stepping R to the right, sway to the right (1), Sway to the left(2)
3&4 Step R to right(3), Step L beside R(&), Step R to right(4)
5-6 Cross rock L over R(5), recover weight onto the R(6)
7&8 Turning ¼ left, step L forward(7), Step R beside L(&), Step L forward(8) (9 o'clock)

[9-16] Rocking Chair, ¾ turn

1-2 Rock R forward(1), recover weight onto the L(2)
3-4 Rock R back(3), recover weight onto the L(4)
5-6 Step R forward(5), Turn ½ left (shift weight onto the L)(6)
7-8 Step R forward(7), Turn ¼ left (shift weight onto the L)(8) (12 o'clock)

[17-24] Cross Rock, Side Shuffle, Cross Rock, Side Shuffle with a ¼ turn

1-2 Cross rock R over L(1), recover weight onto the L(2)
3&4 Step R to right(3), Step L beside R(&), Step R to right(4)
5-6 Cross rock L over R(5), recover weight onto the R(6)
7&8 Step L to left(7), Step R beside L(&); Turning ¼ left, step L forward(8) (9 o'clock)

[25-32] Forward Shuffle, ½ pivot, Forward Shuffle, Walk Walk

1&2 Step R forward(1), step L beside R(&), step R forward(2)
3-4 Step L forward(3), Turn ½ right (shift weight onto the R)(4)
5&6 Step L forward(5), step R beside L(&), step L forward(6)
7-8 Step R forward(7), Step L forward(8) (3 o'clock)

Start again!

Note: All shuffles can be replaced by full turning shuffles
