

2011 Rabbit Wabbit

拍數: 112 牆數: 1 級數: Phrased Improver
編舞者: Belle Lee (MY) - January 2011
音樂: Xi Xi Ha Ha Guo Xin Nian (嘻嘻哈哈过新年)



Intro : 16 counts in - Sequence : B, A, C, A, C, A, B, C, C(65-80), A

Section A (32 counts)

[1-8] Step Out , Hold , Step Out , Hold , Grapevine R

- 1-2 Step right foot to right diagonal , hold
- 3-4 Step left foot to left diagonal , hold
- 5-8 Step right foot to right side , step left foot together with right foot , step right foot to right side , touch left foot beside right foot

[9-16] Step Out , Hold , Step Out , Hold , Grapevine L

- 1-2 Step left foot to left diagonal , hold
- 3-4 Step right foot to right diagonal , hold
- 5-8 Step left foot to left side , step right foot together with left foot , step left foot to left side , touch right foot beside left foot

[17-24] Fwd , Hold , Cross , Hold , Back , Hold , Side , Hold

- 1-2 Step right foot forward , hold
- 3-4 Cross left foot over right foot , hold
- 5-6 Step right foot back , hold
- 7-8 Step left foot to left side , hold

[25-32] Fwd , Hold , Cross , Hold , Back , Hold , Side , Hold

- 1-2 Step right foot forward , hold
- 3-4 Cross left foot over right foot , hold
- 5-6 Step right foot back , hold
- 7-8 Step left foot to left side , hold

Section B (80 counts)

[1-8] Grapevine R , Grapevine L

- 1-4 Step right foot to right side , step left foot together with right foot , step right foot to right side , touch left foot beside right foot (Swing both hands from left to right travelling to right side)
- 5-8 Step left foot to left side , step right foot together with left foot , step left foot to left side , touch right foot beside left foot (Swing both hands from right to left travelling to left side)

[9-16] Out Out , In In (Facing Right Diagonal) , Hips Bump And Clap

- 1-4 Step right foot to right diagonal , step left foot to left diagonal , step right foot back , touch left foot beside right foot (Facing right diagonal) *** Handstyling : (Put both hands together wishing gong xi gong xi)
- 5-8 (Still facing right diagonal) Do a hip bump to right side 4 times . In the meantime , raise up both hands in the air and clap 4 times

[17-24] Out Out , In In (Facing Left Diagonal) , Hips Bump And Clap

- 1-4 Step left foot to left diagonal , step right foot to right diagonal , step left foot back , touch right foot beside left foot (Facing left diagonal) *** Handstyling : (Put both hands together wishing gong xi gong xi)
- 5-8 (Still facing left diagonal) Do a hip bump to left side 4 times . In the meantime , raise up both hands in the air and clap 4 times

[25-32] Cross Point , Cross Point , Behind Point , Behind Point

- 1-4 Cross right foot over left foot , point left foot to left side , cross left foot over right foot , point right foot to right side
- 5-8 Cross right foot behind left foot , point left foot to left side , cross left foot behind right foot , point right foot to right side

[33-40] R Kick Twice , R Sailor Step , L Kick Twice , L Sailor Step

- 1-2 Kick right foot forward , kick right foot to right side
- 3&4 Cross right foot behind left foot , step left foot to left side , step right foot to right side
- 5-6 Kick left foot forward , kick left foot to left side
- 7&8 Cross left foot behind right foot , step right foot to right side , step left foot to left side

[41-48] Fwd Shuffle , Cross Shuffle , Back Shuffle , Side Shuffle

- 1&2 Step right foot forward , lock left foot behind right foot , step right foot forward
- 3&4 Cross left foot over right foot , step right foot to right side , cross left foot over right foot
- 5&6 Step right foot back , lock left foot over right foot , step right foot back
- 7&8 Step left foot to left side , step right foot together with left foot , step left foot to left side

[49-56] Rocking Chair , Toe Strut R & L

- 1-4 Rock right foot forward , recover weight on left foot , rock right foot backward , recover weight on left foot
- 5-8 Touch right toes forward , drop right heel in place , touch left toes forward , drop left heel in place

[57-64] Fwd Touch , Back Touch , Back Touch , Fwd Touch

- 1-4 Step right foot forward , touch left foot beside right foot , step left foot back , touch right foot beside left foot
- 5-8 Step right foot back , touch left foot beside right foot , step left foot forward , touch right foot beside left foot

[65-72] Rolling Vine R & L

- 1-4 Turn $\frac{1}{4}$ right stepping right foot forward , turn $\frac{1}{2}$ right stepping left foot back , turn $\frac{1}{4}$ right stepping right foot to right side , touch left foot beside right foot
- 5-8 Turn $\frac{1}{4}$ left stepping left foot forward , turn $\frac{1}{2}$ left stepping right foot back , turn $\frac{1}{4}$ left stepping left foot to left side , touch right foot beside left foot

[73-80] Lindy R & L

- 1&2 Step right foot to right side , step left foot beside right foot , step right foot to right side
- 3-4 Rock left foot behind right foot , recover weight on right foot
- 5&6 Step left foot to left side , step right foot beside left foot , step left foot to left side
- 7-8 Rock right foot behind left foot , recover weight on left foot
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