

Ready For Ignition

COPPER KNOB
BY STEPHEN BRETZ

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Ross Brown (ENG) - January 2011
音樂: Rocket (Svenstrup & Vendelboe Remix) (Radio Edit) - Mohamed Ali : (CD:
Rocket Svenstrup & Vendelboe Remix, 3:57)



Intro: 8 Counts (Approx. 3 Secs)

STEP, TOUCH. BALL, KICK, BALL. STEP, LOCK, STEP. HOLD/TOUCH. KICK, OUT, OUT.

- 1 – 2 Step forward with right, touch left behind right.
- & 3 & Step back with left, kick right foot forward, step right next to left.
- 4 & 5 Step forward with left, lock right behind left, step forward with left.
- 6 Hold for 1 count OR touch right next to left.
- 7 & 8 Kick right foot forward, step right to the right, step left to the left. (12 o'clock)

BALL, CROSS. UNWIND FULL TURN R. SYNCOPATED VINE. HOLD. CROSS, SIDE, BEHIND, SWEEP.

- & 1 Step right next to left, cross step left over right.
- 2 – 3 Unwind a full turn right over two counts. (Optional: Bounce your heels)
- 4 & 5 Step left to the left, cross step right behind left, step left to the left.
- 6 Hold for 1 count.
- 7 & 8 Cross step right over left, step left to the left, cross step right behind left.
- & Sweep left foot around from in front to behind. (12 o'clock)

BEHIND. CHASSE ¼ TURN R. SPIRAL FULL TURN R. SHUFFLE FORWARD. STEP, PIVOT ¼ TURN R, CROSS.

- 1 Cross step left behind right.
- 2 & 3 Step right to the right, close left up to right, make a ¼ turn right stepping forward with right.
- 4 Make a full turn right stepping forward with left and hooking right across left shin.
- 5 & 6 Step forward with right, close left up to right, step forward with right.
- 7 & 8 Step forward with left, pivot a ¼ turn right, cross step left over right. (6 o'clock)

SIDE. SAILOR ½ TURN L. SIDE STEP ¼ TURN L. SAILOR ¼ TURN L. HOLD, BALL, STEP.

- 1 Step right to the right.
- 2 & 3 Make a ½ turn left stepping; left behind right, right next to left, forward with left.
- 4 Make a ¼ turn left stepping right to the right.
- 5 & 6 Make a ¼ turn left stepping; left behind right, right next to left, forward with left.
- 7 & 8 Hold for 1 count, step right next to left, step forward with left. (6 o'clock)

Note: For the following three Sections the ROCKs should be very light footed. If you find this difficult, you could replace the ROCKs with TOUCHs.

CROSS ROCK ¼ TURN R. SIDE ROCK. CROSS ROCK, SIDE. CROSS ROCK, SIDE ROCK. CROSS ROCK, SIDE.

- 1 & Make a ¼ turn right rocking right over left, recover onto left.
- 2 & Rock right to the right, recover onto left.
- 3 & 4 Cross rock right over left, recover onto left, step right to the right.
- 5 & 6 & Cross rock left over right, recover onto right, rock left to the left, recover onto right.
- 7 & 8 Cross rock left over right, recover onto right, step left to the left. (9 o'clock)

CROSS ROCK, SIDE ROCK. SAILOR STEP. CROSS ROCK, SIDE ROCK. SAILOR ¼ TURN L.

- 1 & 2 & Cross rock right over left, recover onto left, rock right to the right, recover onto left.
- 3 & 4 Cross step right behind left, step left to the left, step right to the right.
- 5 & 6 & Cross rock left over right, recover onto right, rock left to the left, recover onto right.

7 & 8 Make a ¼ turn left stepping; left behind right, right next to left, forward with left. (6 o'clock)

MAMBO FORWARD. MAMBO BACK with TOUCH. MAMBO BACK. MAMBO FORWARD with TOUCH.

1 & 2 Rock forward with right, recover onto left, step back with right.

3 & 4 Rock back with left, recover onto right, touch left toe forward.

5 & 6 Rock back with left, recover onto right, step forward with left.

7 & 8 Rock forward with right, recover onto left, touch right toe back. (6 o'clock)

FULL TURN R (TRAVELLING BACK). COASTER STEP. STEP, BACK STEP ½ TURN L. SHUFFLE ½ TURN L.

1 – 2 Make a full turn right stepping; onto your right foot (½) back with left (½).

3 & 4 Step back with right, step left next to right, step forward with right.

5 – 6 Step forward with left, make a ½ turn left stepping back with right.

7 & 8 Shuffle a ½ turn left stepping; left, right, left. (6 o'clock)

End of Dance. Start again and Enjoy!

TAG At the end of Wall 2, add the following Tag (facing 12 o'clock)

1 – 2 Rock forward with right, recover onto left,

3 – 4 Make a ¼ turn right stepping right to the right, cross step left over right.

5 – 6 Make a ¼ turn left stepping back with right, make a ½ turn left stepping forward with left.

7 – 8 Step forward with right, pivot a ½ turn left.

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