

Just Sweet

COPPER KNOB
BY STEPHEN BROWN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Ross Brown (ENG) - January 2011
音樂: Dance Dreams - Eurythmics vs. Lady Gaga : (CD: Mash-Up Your Bootz Party Sampler Vol. 17 - 3:50)



Alternative Music: Only Girl (In The World) by Rihanna (126 BPM), CD; Only Girl (In The World) [Length – 3:55]

Intro: 32 Counts (Approx. 15 Secs) [Both Tracks]

WALK, WALK, ¼ TURN L. CROSS SHUFFLE. SWEEP. CROSS, BACK STEP ¼ TURN R. SAILOR ¼ TURN R with CROSS.

- 1 – 2 & Walk forward; right, left, make a ¼ turn left stepping right next to left.
- 3 & 4 Cross step left over right, close right up to left, cross step left over right.
- & Sweep right foot from behind to in front of left.
- 5 – 6 Cross step right over left, make a ¼ turn right stepping back with left.
- 7 & 8 Make a ¾ turn right stepping; right behind left, left next to right, right over left. (9 o'clock)

SPIRAL 1 ¼ TURN L, STEP. STEP, PIVOT ½ TURN L. DOROTHY STEPS.

- 1 – 2 Make a 1 ¼ turn left hooking left foot across right shin, step forward with left.
- 3 – 4 Step forward with right, pivot a ½ turn left.
- 5 – 6 & Step right forward to right diagonal, lock left behind right, step right next to left.
- 7 – 8 & Step left forward to left diagonal, lock right behind left, step left next to right. (12 o'clock)

SIDE ROCK ¼ TURN L, TOGETHER. SIDE ROCK, TOGETHER. FORWARD ROCK, TOGETHER. STEP, HEEL BOUNCE ½ TURN R.

- 1 – 2 & Make a ¼ turn left rocking right to the right, recover onto left, step right next to left.
- 3 – 4 & Rock left to the left, recover onto right, step left next to right.
- 5 – 6 & Rock forward with right, recover onto left, step right next to left.
- 7 & 8 Step forward with left, make a ½ turn right bouncing both heels, place both heels.
(Weight ends on left foot) (3 o'clock)

KICK, OUT, OUT. DRAG, BALL, CROSS. CHASSE ¼ TURN L. TRIPLE 1 ¼ TURN L.

- 1 & 2 Kick forward with right, step right to the right, step left to the left dragging right in.
- 3 & 4 Continue to drag right up to left, step right next to left, cross step left over right.
- 5 & 6 Step right to the right, close left up to right, make a ¼ turn left stepping back with right.
- 7 & 8 Make a 1 ¼ turn left (on the spot) stepping; left, right, left. (9 o'clock)

End of Dance. Start again and Enjoy!

Contact: ross-brown@hotmail.co.uk