

Belly Dancer

拍數: 64 牆數: 4 級數: Improver
編舞者: Ross Brown (ENG) - January 2011
音樂: Belly Dancer - Yerba Buena : (CD: Island Life - 4:29)



Intro: 32 Counts (Approx. 14 Secs)

HEEL TAPS; ACROSS, DIAGONAL, ACROSS, SIDE STEP. HEEL GRIND. BEHIND, SIDE.

- 1 – 2 – 3 – 4 Tap right heel; across left, towards right diagonal, across left, step right to the right.
5 – 6 Cross left over right grinding left heel, step right to the right.
7 – 8 Cross step left behind right, step right to the right. (12 o'clock)

HEEL TAPS; ACROSS, DIAGONAL, ACROSS, SIDE STEP. HEEL GRIND. BEHIND, SIDE.

- 1 – 2 – 3 – 4 Tap left heel; across right, towards left diagonal, across right, step left to the left.
5 – 6 Cross right over left grinding right heel, step left to the left.
7 – 8 Cross step right behind left, step left to the left. (12 o'clock)

HIP BUMPS, TOUCH. X2.

- 1 – 2 – 3 – 4 Step forward with right bumping hips; forward, back, forward, touch left next to right.
5 – 6 – 7 – 8 Step forward with left bumping hips; forward, back, forward, touch right next to left. (12 o'clock)

SIDE TOUCH. TOUCH TURNS. X3. (¼ TURN L). JAZZ BOX with CROSS.

- 1 Touch right to the right.
2 – 3 – 4 Make a ¼ turn left touching right to the right, repeat two more times.
5 – 6 – 7 – 8 Cross step right over left, step back with left, step right to the right, cross step left over right. (3 o'clock)

SIDE, TOGETHER, SIDE, TOUCH. SHIMMY. CLAP, CLAP.

- 1 – 2 – 3 – 4 Step right to the right, step left next to right, step right to the right, touch left next to right.
5 – 6 – 7 – 8 Step left to the left as you shimmy your shoulders, step right next to left, clap hands twice. (3 o'clock)

SIDE, TOGETHER, SIDE, TOUCH. SHIMMY. CLAP, CLAP.

- 1 – 2 – 3 – 4 Step left to the left, step right next to left, step left to the left, touch right next to left.
5 – 6 – 7 – 8 Step right to the right as you shimmy your shoulders, step left next to right, clap hands twice. (3 o'clock)

JAZZ BOX ¼ TURN R. X2.

- 1 – 2 – 3 – 4 Cross step right over left, step back with left, make a ¼ turn right stepping forward with right, step left to the left.
5 – 6 – 7 – 8 Repeat Counts 1 – 2 – 3 – 4 of this Section. (9 o'clock)

OUT, OUT. IN, IN. X2.

- 1 – 2 Step forward and out with right, step forward and out with left.
3 – 4 Step back and in with right, step left next to right.
5 – 6 – 7 – 8 Repeat Counts 1 – 2 and 3 – 4 of this Section. (9 o'clock)

End of Dance. Start again and Enjoy!

Note: On Wall 9, the music changes rhythm. Try to maintain the tempo you were dancing, and the original rhythm will return in Section 7.

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