

Blue Bayou

拍數: 64 牆數: 4 級數: Improver
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - October 2010
音樂: Blue Bayou - Raul Malo, Dave Pomeroy, Pat Flynn & Rob Ickes : (CD: The Nashville Acoustic Sessions)



Start after 16 count intro

Alternative music: Here Comes The Sunshine by Tim Tim

[1-8] L Side, R Together, L Fwd Cha, R Rocking Chair

1-2 Step L side, step R together
3&4 Step L forward, step R together, step L forward
5-8 Rock R forward, recover weight on L, rock R back, recover weight on L

[9-16] R Side, L Together, R Back Cha, L Back Rock & Recover, L Fwd, ½ R Pivot Turn

1-2 Step R side, step L together
3&4 Step R back, step L together, step R back
5-8 Rock L back, recover weight on R, step L forward, pivot ½ right (6 o'clock)

[17-24] L Diagonal Step Touch, R Diagonal Cha; Repeat

1-2 Turning toward left diagonal (5 o'clock) step L forward, touch R together
3&4 Turning toward right diagonal (7 o'clock) step R forward, step L together, step R forward
5-6 Repeat counts 1-2
7&8 Repeat counts 3&4

[25-32] L Fwd Rock & Recover, ½ L Cha, R Fwd, ½ L Pivot Turn, Step Fwd 2

1-2 Facing right diagonal (7 o'clock) rock L forward, recover weight R
3&4 Turning ½ left step L forward, step R together, step L forward
5-6 Step R forward, pivot ½ left (7 o'clock)
7-8 Step R forward, step L forward (or skate forward)

[33-40] R Jazz Ball Cross ¼ R, Sway Hips R, L, R, L Sailor

1-2 Cross step R over L, step L back
&3-4 Turning ¼ right to next diagonal step R side, cross step L over R, sway hips right (11 o'clock)
5-6 Sway hips left, sway hips right (weight ends on R)
7&8 Cross step L behind R, step R side, step L side

[41-48] R Jazz Ball Cross ¼ R, Sway Hips R, L, R, L Sailor

1-2 Cross step R over L, step L back
&3-4 Turning ¼ right to next diagonal step R side, cross step L over R, sway hips right (1 o'clock)
5-6 Sway hips left, sway hips right (weight ends on R)
7&8 Cross step L behind R, step R side, step L side

[49-56] R Cross Step, 1/8 R & L Back, R Coaster, L Fwd, ½ R Pivot Turn, L Fwd Cha

1-2 Cross step R over L, turning 1/8 right step L back (3 o'clock)
3&4 Step R back, step L together, step R forward
5-6 Step L forward, pivot ½ right (9 o'clock)
7&8 Step L forward, step R together, step L forward

[57-64] R Fwd Rock & Recover, R Back, L Crossing Cha, R Side Rock & Recover, R Behind-Side-Cross

1-2& Rock R forward, recover weight on L, step R back
3&4 Cross step L over R, step R side, cross step L over R

5-6 Rock R side, recover weight on L
7&8 Cross step R behind L, step L side, cross step R over L

ENDING: On the final wall you will get as far as count 32 facing R diagonal (1 o'clock). Turn yourself 1/8 left to face the front wall and step R foot to side. The end.

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