

Flamenco

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Sandy Kerrigan (AUS) - January 2011
音樂: The Sands Of Time - Untitled DJ's & Pandora : (CD: Celebration)



Left Cross Samba, Heels Bounces, Left Cross Samba, Cross, Step Side

1&2 Cross L over R, Ball of R to R, Step L to L Side (feet apart)
3&4 Bounce R Heel, Bounce L Heel, Bounce R Heel (with knee action)
5-6 Cross L over R, Ball of R to R, Step L to L Side (feet apart)
7-8 Cross R over L, Step L to L Side 12:00

Cross Rock Step, ¼ R Sailor Step, ¼ R Together, Side Points, Tog, Right Cross Shuffle

12,3&4 Cross Rock R over L, Rep Back to L, Turning ¼ R Cross R behind L, Step L to L, Step Fwd R
&5&6& Turning ¼ R Step Tog L, Point R to R, Step Tog R, Point L to L, Step Tog L
7&8 Cross Shuffle R over L to L Side 6:00

Step Together, Touch Knee Roll in with Swinging Click, Tog, Touch Knee Roll in with Swinging Click, Side Rock, Behind Side Cross

&12 Step Together L, Touch R to R with R knee turned towards L, Roll R arm circular from L to R & click
&34 Step Together L, Touch R to R with R knee turned towards L, Roll R arm circular from L to R & click (Travel to R side)
&56 Step L Together, Rock R to R, Replace to L side
7&8 Cross R behind L, Step L to L Side, Cross R over L with body facing 7:00

½ L, ¼ L Ball Cross, Pick Up Skate ¼, Pick Up Skate ¼, Cross, Back, Side, Cross, Back, ¼ Side

1&2 Turn ½ L–Swivel off R, Weight to L in Place 12:00, Turn ¼ L–Ball of R to R, Cross L over R / facing (body faces 8:00) (Turning Volta)
3-4 Pick R Up Skate ¼ R, Pick L Up Skate ¼ L to (optional arms swing R to L) 9:00
56& Rock Ball of R over L, Step Back L, Step R to R (swivel action)
78& Rock Ball of L over R, Step Back R, Turn ¼ L Step L to L (swivel action) 6:00

Stomp, Stomp Together, ¼ Heel Jack, ¼ Ball Step, ¼ Step Heel, Hold, Heel Switches

1-2 Stomp R to R, Stomp Together L,
&3&4 Turn ¼ L–Step Back on R, L Heel Fwd, ¼ L Step Together L, Step R to R 12:00

RESTART: Wall 2 has a restart at Here, facing 9:00

&56 ¼ R Step Together L, R Heel Fwd, Hold 9:00
&7&8 Step Together R, L Heel Fwd, Step Together L, R Heel Fwd

Step Together, L Mambo Step, Step Back, ¼ Fwd, R Mambo Step, Side, and Close

&1&2 Step Together R, Rock Fwd L, Replace Back to R, Step Back L
3-4 Step Back R, Turning ¼ L Step Fwd L 12:00
5&6 Rock Fwd R, Replace Back to L, Step Back R
7-8 Turning ¼ L to 9:00 Step L to L Side, Step Together R

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