

I Am Me

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Albert Lim (MY) & Bryan Ang (MY) - January 2011
音樂: Je Suis Moi (I am Me) - Shym



Starts After 16 Counts

[1-8] Cross Rock , Recover , ¼ Turn Right Shuffle , ¼ Pivot Right , Cross Shuffle

- 1,2 - Cross Right Over Left (1) , Recover Left (2)
3&4 - Right to Right Side (3) , Left Together (&) , ¼ Turn Right Right Forward (4)
5,6 - Left Forward (5) , ¼ Pivot Right Recover (6)
7&8 - Cross Left Over Right (7) , Right To Right (&) , Cross Left Over Right (8)

[2-8] Toe Heel Flick , Cross Shuffle , Toe Heel Flick , Cross Shuffle

- 1&2 - Touch Right Toe Besides Left (1) , Touch Right Heel Besides Left (&) , Flick Right (2)
3&4 - Cross Right Over Left (3) , Left To Left Side (&) , Cross Right Over Left (4)
5&6 - Touch Left Toe Besides Right (5) , Touch Left Heel Besides Right (&) , Flick Left (6)
7&8 - Cross Left Over Right (7) , Right To Right (&) , Cross Left Over Right (8)

[3-8] ¼ Pivot Left , Forward Shuffle , Full Turn Right , Forward Shuffle

- 1,2 - Step Right To Right Side (1) , ¼ Left Pivot Recover Left (2)
3&4 - Right Forward (3) , Lock Left Behind (&) , Right Forward (4)
5,6 - ½ Turn Right Stepping Left Behind (5) , ½ Turn Right Stepping Right Forward (6)
7&8 - Left Forward (7) , Lock Right Behind Left (&) , Left Forward (8)

[4-8] Touch , ½ Left Turn Flick , Forward Shuffle , Forward Mambo, Together , Back Mambo Touch

- 1,2 - Touch Right Toe Forward (1) , ½ Turn Left Flick Right (2)
3&4 - Right Forward (3) , Lock Left Behind Right (&) , Right Forward (4)
5&6 - Left Forward (5) , Recover Right (&) , Left Together (6)
7&8 - Right Backward (7) , Recover Left (&) , Touch Right Beside Left (8)

[5-8] Kick Ball Touch , ½ Hip Roll Turn Right , Forward Hip Bump Right , Forward Hip Bump Left

- 1&2 - Kick Right Forward (1) , Step Right In Place (&) , Touch Left Toe Forward (2)
3,4 - Clockwise Hip Roll (3) , ½ Turn Right Weight on Left (4)
5&6 - Push Right Forward (5) , Recover on Left (&) , Step on Right (6)
7&8 - Touch Left Toe Forward (hip Forward) (7) , Recover on Right (&) , Step on Left (8)

[6-8] Cross Rock, Recover, Triple Step ¾ Right Turn, Forward Rock, Recover, Triple Step Full Turn Left

- 1,2 - Cross Right Over Left (1) , Recover on Left (2)
3&4 - Triple Step ¾ Right turn (3&4)
5,6 - Rock Left Forward (5) , Recover Right (6)
7&8 - Triple Step Full Turn Left (7&8)

[7-8] Rock Recover , Booty Shaker (KNEE POP) X2 , Back Together , Forward Shuffle

- 1,2 - Rock Right Forward (1) , Recover Left (2)
&a3,&a4 - Step Right Behind (Shake Hips) (&a3) , Step Left Behind (Shake Hips) (&a4)
5,6 - Step Right Behind (5) , Left Beside Right (Pop Right Knee) (6)
7&8 - Right Forward (7) , Lock Left Behind Right (&) , Right Forward (8)

Option (Knee Pop) count 3,4 - Right Behind While Pop Left Knee (3) , Left Behind While Pop Right Knee (4)

[8-8] Rock Recover , ¼ Left Recover , Back Rock Recover , Left Shuffle

- 1,2 - Rock Left Forward (1) , Recover Right (2)

- 3,4 - ¼ Turn Left to Left Side (3) , Recover Right (4)
- 5,6 - Rock Left Behind Right (5) , Recover Right (6)
- 7&8 - Left To Left (7) , Right Together (&) , Left to Left (8)

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