

# Irish Sunrise

COPPER KNOB  
STEPPERS

拍數: 48      牆數: 4      級數: Phrased Intermediate  
編舞者: Arne Stakkestad (BEL) - January 2011  
音樂: Irish Sunrise - George McAnthony



Info: start after 16 counts, on vocals BPM: 104  
Sequence: AAAB(3h), AAAB(6h), AAB(12h)A

## Part A

### [1-8] Scuff, Hitch, Cross, L,R,L,R

1&2      LF scuff beside, LF hitch & scoot forward RF, LF cross before RF (turn body right)  
3&4      RF scuff beside, RF hitch & scoot forward LF, RF cross before LF (turn body left)  
5&6      LF scuff beside, LF hitch & scoot forward RF, LF cross before RF (turn body right)  
7&8      RF scuff beside, RF hitch & scoot forward LF, RF cross before LF (turn body left)

Styling option: Hands on hips

### [9-16] Hook Touch Hook, Step Back, ½ R Step Forw, Step Forw, Pivot ¼ L, Cross, Claps

1&2      LF hook behind Rknee, LF touch backwards, LF hook behind Rknee  
3&4      LF step backwards, ½ right RF step forward (6h), LF step forward  
5&6      RF step forward, pivot ¼ left weight LF (3h), RF cross before LF  
7&8      Hold & clap hands x 3, diagonally left down, a little up, up

Styling option: Hands on hips counts 1,2,3,4,5,6

### [17-24] Side Mambo Cross, Paddle Turn L, Scuff Hitch Stomp

1&2      LF rock left side, recover on RF, LF cross before RF  
&3&4      ¼ left, RF touch right side(12h), ¼ left, RF touch right side (9h)  
&5&6      ¼ left, RF touch right side (6h), ¼ left, RF touch right side (3h)  
7&8      RF scuff beside, RF hitch & scoot forward LF, RF stomp beside (weight)

Styling option: Hands on hips 1,2, hands up 3,4,5,6, hands sideways to hips 7,8

### [25-32] Side Switches, Sailor ½ R, Kick Ball Cross, Kick Ball Cross

1&2      LF touch left side, LF step beside RF, RF touch right side  
3&4      RF cross behind LF, ¼ right LF step beside RF, ¼ right RF step forward (9h)  
5&6      LF kick forward, LF step beside RF, RF cross before LF  
7&8      LF kick forward, LF step beside RF, RF cross before LF

Styling option: Hands on hips

## Part B

### [1-8] Bend, Raise, Hook Forw, Kick Ball Hook, Kick Ball Hook

1-2      bend knees, raise  
3-4      raise, RF hook before LKnee  
5&6      RF kick forward, RF step beside LF, LF hook before RKnee  
7&8      LF kick forward, LF step beside RF, RF hook before LKnee

Styling option: Hands down 1,raise hands sideways 2,3,4, hands up 5,6,7,8

### [9-16] Bend, Raise, Hook Behind, Jump L Side, Tripple Stomp, Jump R Side, Tripple Stomp

1-2      RF step forward & bend knees, raise  
3-4      raise, LF hook behind RKnee  
5&6      LF jump & stomp left side, RF stomp beside LF, LF stomp beside RF  
7&8      RF jump & stomp right side, LF stomp beside RF, RF stomp beside LF

Styling option: Hands down 1,raise hands sideways 2,3,4, hands up 5,6,7,8

Ending: after wall 9, unwind ¾ left and raise hands

