

From Here To Heaven

拍數: 64 牆數: 4 級數: Improver
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音樂: Here To Heaven - Marlee Scott



Intro 16 Count.

S1: Chasse', Back Rock R & L

1&2 Step R to R side, Step L beside R, Step R to R side
3-4 Rock Back L, Recover R
5&6 Step L to L side, Step R beside L, Step L to L side
7-8 Rock Back R, Recover L.

S2: Kick Ball Cross, Side Behind, Back Jump, Cross side

1&2 Kick R, Step L beside R, Cross R over L
3-4 Step R to R side, Step L behind R
5-6 Back Jump R, Recover L
7-8 Cross R over L, Step L to L side . (Restart wall 3)

S3: Step ¼ turn R Touch, Step ¼ L Touch, Back rock Recover, Step ½ turn

1-2 Step ¼ turn R, Touch L beside R, (3 o'clock)
3-4 Step ¼ turn L Touch R beside L, (6 o'clock)
5-6 Back rock R, Recover L
7-8 Step fw R, Make ½ turn L, (12 o'clock)

S4: Jazz Box cross over, Chasse' ¼ turn L, Back rock recover

1-2 Cross R over L, Step back L
3-4 Step R to R side, Cross L over R
5&6 Make ¼ turn L, Stepping R-L-R (9 o'clock)
7-8 Back rock L, Recover R

S5: Syncopated Heel Switches, Hold, Hip Bums

1&2 Tab L heel fw, Step L beside R, Tab R heel fw
&3-4 Step R beside L, Tab L heel fw, Hold
5-6 Hip bums twice L
7-8 Hip bums twice R

Wall 6: Tag – 8 Count: Slow Apple Jacks:

1-2 Swivel R, Weight on L toe & R heel – Centre, Weight on R toe & L heel,
3-4 Swivel L, Weight on R toe & L heel – Centre, weight on BF.
4-8 Repeat count 1 -3, Then Centre weight on L

(Option : make Double Apple jacks to itches side or replace Apple Jacks with Heel Swivels)

Restart

S6: Chasse', Back rock, Side behind, ¼ turn, Scuff

1&2 Step L to L side, Step R beside L, Step L to L Side
3-4 Back rock R, Recover L
5-6 Step R to R side, Step l behind R
7-8 Make ¼ turn stepping R to R, Scuff L fw (12 o'clock)

S7: Step ½ turn, Chasse' ¼ turn R, Sailor R & L

1-2 Step L, Make ½ turn R (6 o'clock)
3&4 Make ¼ turn R, Stepping L-R-L (9 o'clock)

5&6 Sweep R behind L, Step L to L side, Step R to R side
7&8 Sweep L behind R, Step R to R side, Step L to L side

S8: Out- Hold, Out- Hold, Shuffle back R – L

1-2 Step out fw R, Hold
3-4 Step Out fw L, Hold
5&6 Step back R, Step L beside R, Step back R, (Angling body towards R corner)
7&8 Step back L, Step R beside L, Step back L, (Angling body towards L corner)

Restart: Wall 3 after 16 Count.

Tag : Wall 6 after 40 count - Restart

Ending: Chasse' right, Back Rock R, cross, $\frac{3}{4}$ unvine right

1&2 Step R to R side, Step L beside R, Step R to R side
3-4 Rock Back L, Recover R
5-8 Cross L over R and make $\frac{3}{4}$ unvine right
