

# Poison

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Craig Bennett (UK) - January 2011  
音樂: Poison - Nicole Scherzinger : (CD Single)



## [1-8] Touch turn, Cross side, Cross side, Behind side cross

1-2      Touch right toe back, unwind  $\frac{1}{4}$  turn right (3:00)  
&3-4      Step left next to right, Cross right over left, Step left to left side  
&5-6      Step right next to left, Cross left over right, Step right to right side  
7&8      Step left behind right, Step right to right side, Step left across right

## [9-16] Side rock, Sailor $\frac{1}{4}$ , $\frac{1}{2}$ turn, $\frac{1}{2}$ turn, Shuffle $\frac{1}{2}$ turn

1-2      Rock right to right side, Recover onto left  
3&4      Step right behind left, Make  $\frac{1}{4}$  turn right stepping left to left side, Step right forward (6:00)  
5-6       $\frac{1}{2}$  turn left stepping forward onto left, (12:00)  $\frac{1}{2}$  turn left stepping back onto right (6:00)  
7&8       $\frac{1}{2}$  turn left stepping forward onto left, Step right next to left, Step forward onto left (12:00)

## [17-24] Jazz box $\frac{1}{4}$ turn, $\frac{1}{2}$ turn monetary

1-2      Cross right over left, Step back onto left  
3-4       $\frac{1}{4}$  turn right stepping forward onto right, Step forward onto left  
5-6      Touch right to right side, Make  $\frac{1}{2}$  turn right stepping right next to left  
7-8      Touch left to left side, Touch left next to right

## [25-32] Kick and Cross, Back side, Cross kick, Slide touch

1&2      Kick left to left side, Step left next to right, Cross right over left  
3-4      Step back onto left, Step right to right side  
5-6      Cross left over right, Kick right to right side  
&7-8      Step right next to left, Step left to left side, Touch right next to left

## Tag: After walls 1, 3, 4, 9 (after wall 9 do tag up to 12 counts restart)

### [1-8] Full turn roll right, Kick and point and point touch

1-2       $\frac{1}{4}$  turn right stepping right forward,  $\frac{1}{2}$  turn right stepping back onto left  
3-4       $\frac{1}{4}$  turn right stepping right to right side, Touch left next to right  
5&6      Kick left forward, Step left next to right, Touch right to right side  
&7-8      Step right next to left, Touch left to left side, Touch left next to right

### [9-16] Full turn roll right, Kick and point and point touch

1-2       $\frac{1}{4}$  turn left stepping left forward,  $\frac{1}{2}$  turn left, stepping back onto right  
3-4       $\frac{1}{4}$  turn left stepping left to left side, touch right next to left  
5&6      Kick right forward, Step right next to left, Touch left to left side  
&7-8      Step left next to right, Touch right to right side, Touch right next to left