

Hello

拍數: 64 牆數: 2 級數: Improver
編舞者: Alice van Loopik (NL) - January 2011
音樂: Hello - Martin Solveig & Dragonette



Start: on vocal

Side Toe Strut, Crossover Toe Strut, Side Rock, Cross Shuffle

1 - 4 RF step R Toe to R side - drop R heel - LF step on L Toe across RF - drop L heel
5 - 8 RF rock to R side - LF recover - RF step across LF - & LF step to L side - RF step across LF

Side Step, Touch, Side Step, Touch, Hip Sways

1 - 4 LF step to L side - RF touch next to LF - RF step to R side - LF touch next to RF
5 - 8 Bump hips to L side x 2 - Bump hips to R side x 2

Toe Strut, Cross Toe Strut, Side Rock, Cross Shuffle

1 - 4 LF step on toe to L side - drop L heel - RF step on toe across LF - drop R heel
5 - 8 LF rock to L side - RF recover - LF step across RF - & RF step to R side - LF step across RF

Side Step, Touch, Side Step, Touch, Hip Sways

1 - 4 RF step to R side - LF touch next to RF - LF step to L side - RF touch next to LF
5 - 8 Bump hips to R side x 2 - Bump hips to L side x 2

*****TAG and RESTART here!

Diagonal Lockstep Forward R+L, Heel Dig Forward Out x 2, Inn x 2

1 - 4 RF step diagonal fwd - & LF lock behind RF - RV step diagonal fwd - LF step diagonal fwd -
 & RF lock behind LF - LF step diagonal fwd
5 - 8 RF dig heel diagonal fwd - LF dig heel diagonal fwd - RF step back to centre - LF step back
 to centre

Diagonal R Step Back, Diagonal L Step Back, Vine Right, ¼ Turn Right, Scuff

1 - 4 RF step diagonal back - LF touch next to RF - LF step diagonal back - RF touch next to LF
5 - 8 RV step to R side - LF step behind RF - ¼ turn right, RF step forward - LF scuff

½ Pivot Turn Right, Shuffle Forward, Kick Ball Step, ¼ Turn Left

1 - 4 LF step forward - ½ turn right - LF step forward - & RF step next to LF - LF step forward
5 - 8 RF kick forward - & RF step next to LF - LF step forward - RF step forward - ¼ turn left

Rock Step, ½ Coaster Turn Right, Rock Step, ½ Coaster Turn Left

1 - 4 RF rock forward - LF recover - ½ turn right, RF step back - & LF step next to RF - RF step
 forward
5 - 8 LF rock forward - ½ turn left, LF step back - & RF step next to LF - LF step forward

There is a 48 count tag needed. 3rd Wall (12.00) after the fourth section, and repeat the dance from the beginning.

Repeat and remember....keep smiling!!!

TAG:

Rock Step, Coaster Step x 2

1 - 4 RF rock forward - LF recover - RV step back - & LF step next to RF - RF step forward
5 - 8 LF rock forward - RF recover - LF step back - & RF step next to LF - LF step forward

Rock Step, ½ Turn Shuffle Right< Rock Step, ½ Turn Shuffle Left

1 - 4 RF rock forward – LF recover – ½ turn shuffle right, R, &L, R (6.00)

5 - 8 LF rock forward – RF recover – ½ turn shuffle left, L, &R, L (12.00)

Diagonal Step R+L with Touches Forward x 2, Diagonal Steps Back with Touches x 2

1 - 4 RF step diagonal R forward – LF touch next to RF – LV step diagonal L forward – RF touch next to LF

5 - 8 RF step diagonal back – LF touch next to RF – LF step diagonal back – RF touch next to LF

Option: count 2, 4, 6, 8 clap hands

Touch R Forward, Touch R side, Touch R back, Kick R Diagonal R, R Behind, L Side Step, Right Cross, Hold

1 - 4 RF touch forward – RF touch at right side – RF touch back – RF kick diagonal right

5 - 8 RF step behind LF – LF step to L side – RF step across LF – Hold

Touch L Forward, Touch L Side, Touch L Back, Kick L Diagonal L, L Behind, Right Side Step, L Cross, Hold

1 - 4 LF touch forward – LF touch to L side – LF touch back – LF kick diagonal L forward

5 - 8 LF step behind RF – RF step to right side – LF step across RF – Hold

Full Turn Right With Scuffs

1 - 4 ¼ turn right, RF step forward – LF scuff forward – ¼ turn right, LF step forward – RF scuff forward

5 - 8 ¼ Turn right, RF step forward – LF scuff forward – ¼ turn right, LF step forward – RF scuff forward

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