

# Our First Waltz

拍數: 36                      牆數: 2                      級數: Beginner Waltz  
編舞者: Patsy Long - January 2011  
音樂: It's Not Over (If I'm Not Over You) - Mark Chesnutt



Or Music: Song For The Life - Kathy Mattea, Any Mid-Tempo Waltz

## Waltz Basic Forward, Basic Back With 1/4 Turn Left

- 1 Step forward onto LF foot
- 2 Step RT next to LF
- 3 Step LF in place
- 4 Step back onto RT making 1/4 turn LF
- 5 Step LF next to RT
- 6 Step LF in place

## Waltz Basic Forward, Basic Back With 1/4 Turn Left

- 1 Step forward onto LF
- 2 Step RT next to LF
- 3 Step LF in place
- 4 Step back onto RT making 1/4 turn LF
- 5 Step LF next to RT
- 6 Step RT in place

## Step Forward Onto Left, Point Right, Hold, Step Back Onto Right, Point Left, Hold

- 1 Step forward onto LF
- 2 Point RT toe to side
- 3 Hold
- 4 Step back onto RT
- 5 Point LF toe to side
- 6 Hold

## Twinkles

- 1 Cross LF foot over RT and step
- 2 Step RT foot to RT side
- 3 Step LF next to RT
- 4 Cross RT over LF and Step
- 5 Step LF to LF side
- 6 Step RT next to LF

## Waltz Basic Forward, Basic Back

- 1 Step forward onto LF
- 2 Step RT next To LF.
- 3 Step LF in place
- 4 Step back onto RT
- 5 Step LF next to RT
- 6 Step RT in place

## Step Forward Onto Left, Point Right, Hold, Step Forward Onto Right, Point Left, Hold

- 1 Step forward onto LF
- 2 Point RT toes to side
- 3 Hold
- 4 Step forward onto RT

5 Point LF to side  
6 Hold

**Begin Again**

**Contact: [patsybon@pacbell.net](mailto:patsybon@pacbell.net)**

---