

# Roll Tide Roll

拍數: 32      牆數: 4      級數: Beginner  
編舞者: M. Clements - January 2011  
音樂: Ala-Freakin-Bama - Trace Adkins



Start dance on lyrics

## KICK BALL, KICK BALL, RIGHT SIDE TRIPLE, ROCK, RECOVER

1&2      Right kick ball change  
3&4      Right kick ball change  
5&6      Chassé side right, left, right  
7-8      Rock left back, recover to right

## SHUFFLE FORWARD, STEP, ½ TURN TO THE LEFT, SHUFFLE FORWARD STEP, ½ TURN TO THE RIGHT

1&2      Shuffle forward with left, right, left  
3-4      Step right forward, ½ turn to the left ending with weight on left  
5&6      Shuffle forward with right, left right  
7-8      Step left forward, ½ to the right ending with weight on right

## LEFT GRAPEVINE, RIGHT GRAPEVINE

1-2      Step left to side, cross right behind left  
3-4      Step left to side, touch right next to left  
5-6      Step right to side, cross left behind right,  
7-8      step right to side, touch left next to right

## JAZZ BOX, JAZZ BOX ¼ TURN TO THE RIGHT

1 – 2      Cross right over left, step left back  
3 – 4      Step right to side, step left slightly forward  
5 – 6      Cross right over left, step left back ¼ turn  
7 – 8      Step right to side, step left slightly forward

REPEAT

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