

Roll Tide Roll

拍數: 32 牆數: 4 級數: Beginner
編舞者: M. Clements - January 2011
音樂: Ala-Freakin-Bama - Trace Adkins



Start dance on lyrics

KICK BALL, KICK BALL, RIGHT SIDE TRIPLE, ROCK, RECOVER

1&2 Right kick ball change
3&4 Right kick ball change
5&6 Chassé side right, left, right
7-8 Rock left back, recover to right

SHUFFLE FORWARD, STEP, ½ TURN TO THE LEFT, SHUFFLE FORWARD STEP, ½ TURN TO THE RIGHT

1&2 Shuffle forward with left, right, left
3-4 Step right forward, ½ turn to the left ending with weight on left
5&6 Shuffle forward with right, left right
7-8 Step left forward, ½ to the right ending with weight on right

LEFT GRAPEVINE, RIGHT GRAPEVINE

1-2 Step left to side, cross right behind left
3-4 Step left to side, touch right next to left
5-6 Step right to side, cross left behind right,
7-8 step right to side, touch left next to right

JAZZ BOX, JAZZ BOX ¼ TURN TO THE RIGHT

1 – 2 Cross right over left, step left back
3 – 4 Step right to side, step left slightly forward
5 – 6 Cross right over left, step left back ¼ turn
7 – 8 Step right to side, step left slightly forward

REPEAT
