

Is That All You Got

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Mal Jones (UK) - January 2011
音樂: Is That All You Got - Toby Keith : (CD: Bullets In The Gun)



Alternative track: Heart by Collin Raye, Twenty Years and Change
or any Medium tempo cha cha.

32 count intro

BACK ROCK RECOVER, ¼ TURN CROSS SHUFFLE, FORWARD ROCK RECOVER, ¼ TRIPLE TURN.

- 1 2 3 & 4 Rock back on right, recover on left, making ¼ turn right cross right over left, step left to left side, cross right over left.
- 5 6 7 & 8 Rock forward on left, recover on right, sweep left foot from front to back crossing behind right stepping on left, step right to right side, step left next to right, making ¾ turn left. (6 o'clock).

RIGHT SIDE, BEHIND, SIDE, CROSS ROCK RECOVER, LEFT SIDE AND DRAG, COASTER STEP.

- 1 2 & 3 4 Step right to right side, cross left behind right, right to right side, cross left over right, recover onto right.
- 5 6 7 & 8 Step left to left side, drag right to left, step back on right, back on left, forward on right.

LEFT SHUFFLE FORWARD, * ½ LEFT, ½ LEFT, FORWARD ROCK RECOVER, COASTER STEP.

- 1 & 2 3 4 Step forward on left, bring right foot to left, step forward on left making half left step back on right, half step forward on left, (whilst travelling forward).

* Easier option walk forward right, left.

- 5 6 7 & 8 Rock forward on right, recover on left, step back on right, back on left, forward on right.

STEP ¼, CROSS SHUFFLE, ¼ LEFT X 2, FORWARD ROCK RECOVER.

- 1 2 3 & 4 Step forward on left making turn ¼ right, cross left over right, right to right side, cross left over right.
- 5 6 7 8 Step back on right making ¼ left, left to left side making ¼ left, rock forward on right, recover on left. (3 o'clock).

Begin again and enjoy!
