

Dirty Bit

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Shaz Walton (UK) - December 2010
音樂: The Time (Dirty Bit) - Black Eyed Peas : (CD Single 5:08)



Count in : 128 counts.... 60 seconds – it's a long intro... so just have fun with it & improvise.

Point. ½. Point. Kick ball point. ½. Point. Kick. Step. Cross.

1-2 point right to right side. Make ½ turn right stepping right down.
3-4&5 point left to left side. Kick left forward. Step left down. Point right to right side.
6-7 make ½ right stepping right down. Point left to left side.
8&1 kick left forward. Step left beside right. Cross right over left.

****Restart 2 - wall 5****

Back. Side. Forward. Press. Walk back x3

2-3 step back left. Step right to right side. Step left forward.
4-5 step left forward. Step right forward as you press right forward.
6-7-8 step back left. step back right. Step back left.

*** Restart 1 - wall 3 ***

½. Sweep ½. Step. Side rock. Recover. Walk. Walk. Hold. Side rock. Recover.

1 make ½ turn right stepping right forward.
2-3 sweep left ½ turn right. Step left beside right.
&4 rock right to right side. Recover onto left.
5-6-7 walk forward right. Walk forward left. hold.
&8 rock right to right. Recover onto left.

Back. Point. Reverse ¼. Point. Back. Point. Reverse ¼. Point.

1-2 step back right. Point left to left side.
3-4 make ¼ left as you step back left. Point right to right side.
5-6 step back right. Point left to left side.
7-8 make ¼ left as you step back left. Point right to right side.

Ball step. Lock step. Step. ¼ . cross. Side. Behind. Shuffle ¼

&1 step back right. Step left forward.
2-3 lock right behind left. Step left forward.
4&5 step right forward. Make ¼ left. Cross step right over left.
6-7 step left to left side. Cross step right behind left.
8&1 step left to left side. Cross step right behind left. Make ¼ left stepping left forward.

Lock step. Step. ¼ . cross. Side. Behind. Shuffle ¼

2-3 lock right behind left. step left forward.
4&5 step right forward. Make ¼ left. Cross step right over left.
6-7 step left to left side. Cross step right behind left
8&1 step left to left side. Cross step right behind left. Make ¼ left stepping left forward.

Sweep ½. Step. Side rock. Recover. Walk. Walk. Hold. Side rock. Recover.

2-3 sweep right ½ turn left. Step right beside left.
&4 rock left to left side. Recover onto right.
5-6-7 walk forward left. walk forward right. Hold.
&8 rock left to left side. Recover onto right.

Back. Touch. ¼. Ball point. Hitch. Cross. Side rock. Recover. Touch.

1-2-3 step back left. touch right back. Make $\frac{1}{4}$ right. (Weight right)
&4 step right left beside right. Cross step right over left.
5-6 hitch left knee over & across right. Step left over right.
7&8 rock right to right side. Recover on left. touch right beside left.

Restart - wall 3. Dance up to count 16 & restart the dance facing the back wall.

Restart & Tag - wall 5. Dance up to count 8& and add the following....

1-2 Rock forward right. Recover left.

3-4 Make $\frac{1}{4}$ right stepping right to right side. Step left to left side.

5-6-7-8 Impvise for these 4 counts.... shake, bump, wiggle... whatever you want ? just have fun.

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