

# Lose My Mind

COPPER KNOB  
BY STEPHEN

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Katie Terrett (WLS) - January 2011  
音樂: Lose My Mind - The Wanted



## (INTRO- 16 Counts)

### SECTION 1: Cross L Side R Behind L Point R, Cross R, Turn 1/4 R, Back L, R Back Shuffle R.

1-2            Cross Left, Side Right,  
3-4            Behind Left, Point Right to the Side.  
5-6            Cross Right, Turn 1/4 Right Stepping Back on the Left (3.00)  
7&8           Right Back Shuffle.

### SECTION 2: Back Rock L, Full Turn R, Cross L Point R, Cross R Point L.

1-2            Back Rock Left, Recover on R.  
3-4            Full Turn Right (Turn 1/2 Back L, Turn 1/2 Forward R)  
5-6            Cross Left, Point Right to the side.  
7-8            Cross Right, Point Left to the side.

### SECTION 3: Touch L Kick, L Coaster Step, Shuffle 1/2 Turn Back, Turn 1/4 L Side Shuffle.

1-2            Touch Left forward, Kick Left forward.  
3&4            Left Coaster Step.  
5&6            Shuffle 1/2 Turn Back on R,LR.  
7&8            Turn 1/4 Left Side Shuffle.

### SECTION 4: Cross Rock R, Coaster or Triple Full Turn, Cross Rock L Sailor 1/2 Turn.

1-2            Cross Rock Right, Recover on Left  
3&4            Right Coaster or Triple Full Turn  
5-6            Cross Rock Left  
7&8            Left Sailor 1/2 Turn.

### SECTION 5: Diagonal Lock Steps x2

1-2            Right Lock  
3&4            Right Lock Right  
5-6            Left Lock  
7&8            Left Lock Left

### SECTION 6: Syncopated Jazz Box 1/4 Turn L, Point R Monteray 1/2 Turn Point L, Side Switches R & L.

1-2            Cross Right, Back Left  
&3-4           Side Right Turn 1/4 L (&) Cross Left, Point Right to Side.  
5-6            Monteray 1/2 Turn R, Point Left to the Side.  
&7-8           Step Left next to R (&) Point Right & Point Left (Side Switches)

### \* RESTART- During Wall 2

### SECTION 7: Touch L Kick & Cross R Side L, Touch R Right Kick & Cross L Side R.

1-2            Touch Left next to Right, Kick Left  
3&4            Together (&) Cross Right, Side Left  
5-6            Touch Right, Kick Right  
7&8            Together (&) Cross Left, Side Right.

### SECTION 8: L Coaster Step, Step R 1/2 Turn L, Cross R Side L, R Sailor Step.

1&2            Left Coaster Step  
3-4            Step Right 1/2 Turn Left

5-6 Cross Right, Side Left

7&8 Right Sailor step (angled slightly to R diagonal)

**\* RESTART- During Wall 2 (Facing the Front Wall) After the Side Switches.**

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