

A Sign Off Rudolf

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Sebastiaan Holtland (NL) - December 2010
音樂: Gimme a Sign - Kevin Rudolf : (CD: In The City 2008)



Intro: 32 Counts (14 Sec)

[1-8] & Side, Tog, Hold, & Back, Tog, Hold, Kick & Kick, Touch, Hold

&1-2 Step Rf to the right, touch Rf beside Lf, HOLD (12:00)
&3-4 Step Lf back, touch Rf beside Lf, HOLD
5&6& Kick forward on Rf, step Rf back in place, kick forward on Lf, step Lf back in place
7-8 Touch Rf beside Lf, HOLD (12:00)

[9-16] Side Rock / Recover, Cross Shuffle, Turn 1/4 X3

1-2 Rock Rf to the right, recover on Lf
3&4 Cross Rf over Lf, step Lf to the left, cross Rf over Lf weight onto Rf (Cross Shuffle)
5-6 Turn 1/4 R stepping back on Lf (3), turn 1/4 L stepping forward on Rf (6)
7-8 Turn 1/4 R stepping back on Lf (9), stepping Rf to the right

[17-24] Cross Rock / Recover, Chasse Side, 1/4 Turn R, Fwd, Touch, Side, Hold

1&2 Cross Rock forward on Lf, recover on Rf (9:00)
3&4 Step Lf to the left, step Rf beside Lf, step Lf to the left (Side Chasse)
5-6 Making a 1/4 turn to R (12) step forward on Rf, touch Lf beside Rf
7-8 Step Lf to the left, HOLD holding weight onto Lf (12:00)

[25-32] Sailor Step R, Behind, 1/4 Turn R, Fwd, Fwd, 1/2 Pivot L, L Full Turn Forward (Travelling Fwd)

1&2 Step Rf behind Lf, step Lf to the left, step Rf to the right (12)
3&4 Step Lf behind Rf, making a 1/4 turn to right (3) step forward on Rf, step forward on Lf weight onto Lf
5-6 Step forward on Rf, making a 1/2 turn to left (9) take weight onto Lf
7-8 Turning 1/2 left step R back, turning 1/2 left step L forward ending weight onto Lf (9:00)

Start again and have fun!

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