

# Ban Ban Tan

拍數: 120      牆數: 1  
編舞者: Kenny Teh (MY) - December 2010  
音樂: Ban Ban Tan - Tong Mei Yen

級數: Phrased Intermediate



Dance starts after the first 16 counts.

## Section A

1 - 4      Step fwd R at 45 deg R, Slide L next to R, Step fwd R at 45 deg R, touch L and clap  
5 - 8      Step fwd L at 45 deg L, Slide R next to L, Step fwd L at 45 deg L, touch R and clap

## Section B

Repeat above steps (Repeat Section A)

## Section C

1 - 4      Step R back diagonally, step L beside R, Step R back diagonally, clap  
5 - 8      Step L back diagonally, step R beside L, Step L back diagonally, clap

## Section D

Repeat above steps (Repeat Section B)

## Section E

1,2&3,4&5      Facing R diagonal touch R toe in front, clap twice for 2&, hold for 3, clap twice for 4&, hold for 5,  
6&7,8      clap twice for 6&, hold for 7, clap for 8

## Section F

1 - 4      Twist both heels R, twist both toes R, twist both heels R, hitch L over R  
5 - 8      Twist both toes L, twist both heels L, twist both toes L, hitch R behind L

## Section G

Repeat above steps (Repeat Section F)

## Section H

1 - 4      Swing R hand from R to L  
5 - 8      Swing L hand from L to R

## Section I

Repeat Section H ( But now at count 8 turn make  $\frac{1}{4}$  R. 3.00 )

REPEAT Section F, G, H, I ( Now facing 6.00 )

## Tag:

1 - 2      Bend both knees and open both hands, straighten both knees and close both hands  
3 - 4      Bend both knees and open both hands, straighten both knees and close both hands

## Section J

1 - 4      Kick L over R, kick L to L,  $\frac{1}{4}$  L turn place both feet together, bend both knees  
5 - 6      Push both hands out together while pushing the butt back, bring both hands near body while bending both knees  
7 - 8      Repeat 5 - 6

Section K Mirror above steps (Mirror Section J)

**Section L**

- 1 – 4 Step R, step I together, step R, clap  
 5 – 8 Step L, step R together, step L, clap

**Section M**

- 1 – 4 Full right Rolling vine  
 5 – 8 ¾ L rolling vine ( 9.00)

**REPEAT Section J, K, L, M ( Now facing 12.00 )**

**Tag: Do the tag.**

**Section N**

- 1 – 4 Push R palm out facing R diagonal twice, bring R palm to chess, hold  
 5 – 8 Push R palm out facing forward twice, bring R palm to chess, hold

**Section O**

- 1 – 4 Place both palms together and make two small circles  
 5 – 8 Open up both hands and out over the head and down to the sides

**Repeat the above sequence from the beginning Section A to O one more time**

**Ending:**

**Section 1**

- 1 – 4 Leaning on the L push R index finger out (L hand on L waist)  
 5 – 8 Sway R palm RLRL palm facing forward

**Section 2**

- 1 – 4 Leaning on R bring L index finger from front towards face ( R hand on R waist)  
 5 – 8 Sway L palm LRLR palm facing face

**Section 3**

- 1 – 2 L hand bent at elbow, R hand punch to L diagonal, bring R hand back near body  
 3 – 4 L hand bent at elbow, R hand punch to L diagonal, bring R hand back near body  
 5 – 8 R rolling vine with a clap

**Section 4**

- 1 – 8 Facing up both elbow bent index fingers facing back bring both hands up then towards the front and finally down to the sides

**REPEAT Section 1, 2, 3, 4**

**Tag: Do the tag**

**Repeat Section N, O**

**Repeat Section N, O**

**Repeat Section A, B, C, D E**

**Repeat Section E (but this time facing L diagonal )**

**Finally the last 7 counts:**

- 1 Facing front bring up both hands bent at elbow, index fingers pointing up  
 2 Drop both hands still bent at elbow index fingers facing down  
 3-5 Bent body down like a robot using 4 beats while maintaining hand position of count 2  
 6,7,8 Bring up the body using 3 beats while maintaining hand position of count 2

Website: <http://www.kennyteho.wordpress.com> - Email: [kennyteho@yahoo.com](mailto:kennyteho@yahoo.com)

---