

Northern Clipper

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Knox Rhine (USA) - December 2010
音樂: I'm In the Mood for Dancing - The Nolans



32 count intro.

FORWARD WALKING HIP BUMPS, ROCK STEP, SHUFFLE

- 1 Step RIGHT foot and hip forward
- & Rock hips back onto LEFT foot
- 2 Rock hips forward onto RIGHT foot
- 3 Step LEFT foot and hip forward
- & Rock hips back onto RIGHT foot
- 4 Rock hips forward onto LEFT foot
- 5 Step RIGHT foot forward
- 6 Rock back onto LEFT foot
- 7 Step RIGHT foot back
- & Step LEFT foot beside right foot
- 8 Step RIGHT foot back

BACKWARD WALKING HIP BUMPS, ROCK STEP, SHUFFLE

- 9 Step LEFT foot and hip back
- & Rock hips forward onto RIGHT foot
- 10 Rock hips back onto LEFT foot
- 11 Step RIGHT foot and hip back
- & Rock hips forward onto LEFT foot
- 12 Rock hips back onto RIGHT foot
- 13 Step LEFT foot back
- 14 Rock forward onto RIGHT foot
- 15 Step LEFT foot forward
- & Step RIGHT foot beside left foot
- 16 Step LEFT foot forward

SIDE, BEHIND, SIDE-TOGETHER-SIDE, CROSS ROCK, SIDE-TOGETHER-SIDE

- 17 Step RIGHT foot to right side
- 18 Step LEFT foot across behind right leg
- 19 Step RIGHT foot to right side
- & Step LEFT foot beside right leg
- 20 Step RIGHT foot to right side
- 21 Step LEFT foot across in front of right leg
- 22 Rock left onto RIGHT foot
- 23 Step LEFT foot to left side
- & Step RIGHT foot across in front of left leg
- 24 Step LEFT foot to left side

1/4 CROSS ROCK TURN, 1/4 TURN-TOGETHER-SIDE, 1/4 CROSS ROCK TURN, 1/4 TURN-TOGETHER-1/4 TURN

- 25 Step RIGHT foot 1/4 turn left stepping across left leg
- 26 Rock back onto LEFT foot
- 27 Step RIGHT foot 1/4 turn right
- & Step LEFT foot beside right foot
- 28 Step RIGHT foot to right side

29 Step LEFT foot 1/4 turn right stepping across right leg
30 Rock back onto RIGHT foot
31 Step LEFT foot 1/4 turn left
& Step RIGHT foot beside left foot
32 Step LEFT foot 1/4 turn left
