

Crazy Mercury

拍數: 48 牆數: 2 級數: Beginner
編舞者: Maxwell (DE) & CCRH - December 2010
音樂: Mercury Blues - Alan Jackson



Start dancing on lyrics

Rumba Box with hold - 2x

1 -- 2 Step left foot to left - Step right foot next to left
3 -- 4 Step forward on left - Hold
5 -- 6 Step right foot to right - Step left foot next to right
7 -- 8 Step back with right foot - Hold

Slow Coaster Step, hold, close, sways, hold

1 -- 2 Small step back with left foot - Step right foot next to left
3 -- 4 Step forward on left - Hold
5 -- 8 Step right foot next to left - Push hip to the right - left and right side - Hold

Side, close, cross, hold right & left

1 -- 2 Step left foot to left - Step right foot next to left
3 -- 4 Cross left foot over right - Hold
5 -- 6 Step right foot to right - Step left foot next to right
7 -- 8 Cross right foot over left - Hold

Heel, touch back, heel, hook, step, lock, step, hold

1 -- 2 Touch left heel forward - Touch left toe back
3 -- 4 Touch left heel forward - Cross left heel high over right leg
5 -- 6 Step forward on left - Cross right foot behind left
7 -- 8 Step forward on left - Hold

Heel, touch back, heel, hook, step, lock, step, hold

1 -- 8 Repeat last section but to the other hand - it starts with right foot

Slow Shuffle back turning 1/2 left, hold, slow shuffle forward, hold

1 -- 2 1/4 turn left and step left on left foot - Step right foot next to left
3 -- 4 1/4 turn left and step forward on left foot - Hold
5 -- 6 Step forward on right - Step left foot next to right
7 -- 8 Step forward on right - Hold

Repeat
