

Joyful Jingle Circle Rock

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 0 級數: Improver Contra / Circle
編舞者: Nancy Lee (MY) - December 2010
音樂: Jingle Bell Rock - Joe Beal & Jim Boothe : (CD: Mean Girls Soundtrack)
或: any Christmas Song



Intro: 16 Counts

Section 1

[1-8] L Side Shuffle, Back Rock Recover, R Side Shuffle , Back Rock, Recover

1&2 Step L to L, Step R beside L, Step L to L
3-4 Rock Back On R, Recover on L
5&6 Step R to R, Step L beside R, Step R to R
7-8 Rock Back On L, Recover on R

Section 2

[9-16] Step Side, Cross Kick ,Step Side , Cross Kick, 1/4 turn R, 3/4 turn R, L Side Shuffle

1-2 L Step To L Side, Cross Kick R over L,
3-4 R Step To R Side, Cross Kick L over R,
5-6 1/4 turn R Step L Forward (3:00), 3/4 turn R Step R Forward (12:00)
7&8 Step L to L, Step R beside L, Step L to L

Section 3

[17-24] Back Rock, Recover, R Shuffle Fwd (Arch), Walk L, Walk R,(Semi Circle), L Side Shuffle

1-2 Rock Back on R, Recover on L,
3&4 R Shuffle Forward (Arch),
5-6 Walk L, Walk R (Semi Circle)
7&8 Step L to L, Step R beside L, Step L to L (12:00)

Section 4

[25-32] Point Step -R, Point Step L - Rolling Vine With R Side Shuffle

1-2 Point R beside L , Step Down On R,
3-4 Point L beside R , Step Down On L,
5-6 1/4 turn R , Step R Forward, 1/4 turn R , Step L to L Side,
7&8 1/2 turn R , Step R to R, Step L beside R, Step R to R

NOTE: The above are for Lady Steps ,

Section 1 - Lady Starts with L Side Shuffle, Man just the opposite .

Man Steps Section 3 :

1-2 Rock Back On L, Recover On R,
3-4 Walk L, Walk R, (Arch)
5-6 Walk L, Walk R (Arch)
7-8 Step L To L Side, Step R to R Side (Steps 3-6 is a full turn)

Section 4:

1-2 Point L beside R , Step Down On L,
3-4 Point R beside L , Step Down On R,
5-6 Rock Back On L ,Recover on R,
7-8 Step L Forward, Point R Beside L

Have Fun and Enjoy !!

For Step sheet and Song , Please Contact : swan9198@gmail.com
