

# TJ Cha

拍數: 48      牆數: 4      級數: Intermediate Cha Cha  
編舞者: Raymond Sarlemijn (NL) & Line Sarlemijn (NL) - December 2010  
音樂: She's the One - Tony Evans : (Album: Music For Dancing)



1 restart in wall 3 after 21 counts.

**Time step, ½ turn right, time step, ½ turn right.**

1            RF step right.  
2            LF close RF.  
&            Weight on RF.  
3            LF step left.  
4            RF close LF.  
&            weights on LF, 1/2 turn right.  
5            RF step right.  
6            LF close RF.  
&            Weight on RF.  
7            LF step left.  
8            RF close LF.  
&            weights on LF, 1/2 turn right.

**Rock step, ¼ turn chasse, syncopated rock steps.**

1            RF step right.  
2            Rock LF forward.  
3            Recover weight on RF.  
4            ¼ turn left, LF step left.  
&            RF close LF.  
5            LF step left  
6            Rock RF forward.  
&            Recover weight on LF.  
7            Rock RF backwards.  
&            Recover weight on LF.  
8            Rock RF forward.  
&            Recover weight on LF.

**Rock step, ½ ronde, coaster step, syncopated lock steps (cha cha chase).**

1            Rock RF backwards.  
&            Recover weight on LF.  
2            Rock RF forward.  
&            Recover weight on LF.  
3            ½ turn right, while doing this ronde with RF.  
4            RF step backwards.  
&            LF close next RF.  
5            RF step forward.  
6            LF close behind RF.  
7            RF step forward.  
&            LF close behind RF.  
8            RF step forward.  
&            LF close behind RF.

**Rock step, ¼ turn chasse, ½ turn right, ¼ turn chasse.**

1            RF step forward.

- 2 LF rock forward.
- 3 Recover weight on RF.
- 4  $\frac{1}{4}$  turn left, LF step left.
- & RF close LF.
- 5 LF step left.
- 6 RF cross in front LF.
- 7  $\frac{1}{4}$  turn right, LF step backwards.
- 8  $\frac{1}{4}$  turn right, Rf step right.
- & LF close RF.

**$\frac{1}{2}$  turn right, chasse, and lock, mambo step.**

- 1  $\frac{1}{4}$  turn right, RF step forward.
- 2 LF step forward.
- 3  $\frac{1}{2}$  turn right, weight on RF.
- 4 LF step forward.
- & RF close LF.
- 5 LF step forward.
- & RF lock forward LF.
- 6 Hold.
- 7 Weight on RF.
- 8 LF step forward.
- & Recover weight on RF.

**$\frac{1}{4}$  ronde, coaster step, forward chasse,  $\frac{3}{4}$  turn left, side chasse.**

- 1  $\frac{1}{4}$  turn right, RF ronde.
- 2 RF step backwards.
- & LF close RF.
- 3 RF step forward.
- 4 LF step forward.
- & RF close LF.
- 5 LF step forward.
- 6 RF step forward.
- 7  $\frac{3}{4}$  turn over left, weight on LF.
- 8 RF step right.
- & LF close RF.

**Start again and have fun, for video's go to:**

**[www.raymondsarlemijn.com](http://www.raymondsarlemijn.com) or [www.youtube.com](http://www.youtube.com) Or go to [www.google-video.com](http://www.google-video.com)**

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