

If I Had You

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Colleen Archer (AUS) - November 2010
音樂: If I Had You - Adam Lambert : (CD: For Your Entertainment Deluxe Version)



Intro: 32 counts

Side Shuffle, Rock Back, Forward, Full Turn, Side Shuffle

1&2 Shuffle to side stepping right, left, right
3-4 Rock left back, recover to right
5-6 Turn $\frac{1}{4}$ right and step left back, turn $\frac{1}{2}$ right and step right forward
7&8 Turn $\frac{1}{4}$ right and shuffle to side stepping left, right, left (12:00)

Alternate step left to side, right beside left, side shuffle on counts 5-8

Rock Forward, Back, Coaster, Rock Side, Recover, Together, Turn $\frac{1}{4}$, Turn $\frac{1}{4}$

1-2 Rock right forward, recover to left
3&4 Step right back, step left together, step right forward
5-6& Rock left to side, recover to right, step left together
7-8 Turn $\frac{1}{4}$ left and step right back, turn $\frac{1}{4}$ left and step left to side (6:00)

RESTART from here on wall 3

Step Forward, Twist Heels Right, Left, Right & Turn $\frac{1}{4}$, Left Toe Strut, Right Toe Strut

1-2 Step right forward, swivel heels right
3-4 Swivel heels left, swivel heels right turning $\frac{1}{4}$ left (weight right)
5-8 Step left toe back, drop left heel, step right toe back, drop right heel (3:00)

Sailor, Behind, Side, Rock Forward, Back, $\frac{3}{4}$ Turning Triple

1&2 Left sailor step
3-4 Cross right behind left, step left to side
5-6 Rock right forward, recover to left
7&8 Triple in place turning $\frac{3}{4}$ right stepping right, left, right (12:00)

Forward, Forward, Back, Together, Rock Forward, Back, Coaster

1-2 Step left diagonally forward, step right to side
3-4 Step left home, step right together
5-6 Rock left forward, recover to right
7&8 Step left back, step right together, step left forward (12:00)

$\frac{1}{4}$ Paddle, Cross, Back, Side, Cross, Side, Behind, Side, Cross

1-2 Step right forward, turn $\frac{1}{4}$ left (weight to left)
3&4 Cross right over left, step left back, step right to side
5-6 Cross left over right, step right to side
7&8 Cross left behind right, step right to side, cross left over right (9:00)

Rock Side, Recover, X Shuffle, Turn $\frac{1}{4}$, Turn $\frac{1}{4}$, Left X Samba

1-2 Rock right to side, recover to left
3&4 Crossing chassé right, left, right
5-6 Turn $\frac{1}{4}$ right and step left back, turn $\frac{1}{4}$ right and step right to side
7&8 Cross left over right, rock right to side, recover to left (3:00)

Rock Forward, Back, Full Turn, $\frac{1}{2}$, Hips Left Right Left

1-2 Rock right forward, recover to left
3&4 Triple in place turning a full turn right stepping right, left, right

Optional: right coaster step

5-6 Step left forward, turn $\frac{1}{2}$ right (weight to right)

(Finish has $\frac{3}{4}$ turn)

7&8 Step left to side and bump hips left, right, left (weight to left and click fingers to left) (9:00)

Repeat

RESTART: ON wall three dance first 16 counts and begin again facing front

ENDING: On wall eight dance to count 61, then turn $\frac{3}{4}$ to face front, do hip bumps and stomp
