

Let Me Guide You Home

COPPER **KNOB**
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Intermediate NC2S
編舞者: Rafe Andersen (UK) - December 2010
音樂: Angel - Natasha Bedingfield



Intro: 16 counts

SIDE, BEHIND, ¼ L STEP, ¼ L SIDE, BACK ROCK, SIDE, BEHIND, ¼ L STEP, FORWARD MAMBO, ½ L STEP, ¼ L POINT

1 Step L to L
2&3 Step R behind L, make ¼ L step L forward, make ¼ L step R to R
4&5 Rock L behind R, recover onto R, step L to L
6& Step R behind L, make ¼ L step L forward
7&8&1 Rock R forward, recover onto L, step R back, make ½ L step L forward, make ¼ L touch R toe to R

R CROSS SAMBA, L CROSS SAMBA, CROSS, ¼ R BACK, R CHASSE, TOUCH

2&3 Cross R over L, rock L to L, step R in place
4&5 Cross L over R, rock R to R, step L in place
6& Cross R over L, make ¼ R step L back
7&8& Step R to R, step L beside R, step R to R, touch L toe beside R

***Restart on wall 3 and 6

SIDE, BACK ROCK, SIDE, BEHIND-SIDE-CROSS, RECOVER, SIDE, CROSS & CROSS & CROSS

1 Step L to L
2&3 Rock R behind L, recover onto L, step R to R
4&5 Step L behind R, step R to R, cross/rock L over R
6& Recover onto R, step L to L
7&8&1 Cross R over L, step L to L, cross R over L, step L to L, cross R over L,

SWAY L-R-L, ROLLING TURN R, CROSS, SIDE, BACK ROCK, L CHASSE

2&3 Step L to L sway L, then R, the L
4&5 Make ¼ R step R forward, make ½ R step L back, make ¼ R step R to R
6&7& Cross L over R, step R to R, rock L behind R, recover onto R
8& Step L to L, step R beside L

REPEAT

RESTARTS

On wall 3 and 6, dance to count 16&, then restart dance.