

Stay The Night Beginner

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Beginner
編舞者: MayKwee - December 2010
音樂: Stay the Night - James Blunt



Intro: 32 Counts (20 Sec)

[1-8] Kick & Back Rock / Recover, Kick & Kick, Kick & Back Rock / Recover, Point & Point

1&2& Kick forward on Rf, step Rf back in place, rock back on Lf, recover on Lf (12:00)
3&4& Kick forward on Lf, step Lf back in place, kick forward on Rf, step Rf back in place
5&6& Kick forward on Lf, step Lf back in place, rock back on Rf, recover on Lf weight onto Lf
7&8& Kick forward on Rf, step Rf back in place, kick forward on Lf, step Lf back in place (12:00)

[9-16] 1/2 pivot L, 3/4 Turn L, Side, Cross, Side, 1/4 Coaster step R

1-2 Step forward on Rf, making a 1/2 turn to left (6) take weight onto Lf
3-4 Making a 1/2 turn to left (12) step back on Rf, continue a 1/4 turn to left (9) step Lf to the left
5-6 Cross Rf over Lf, step Lf to the left weight onto Lf (9:00)
7&8 Making a 1/4 turn to right (12) step back on Rf, step Lf beside Rf, step forward on Rf (Coaster step)

[17-24] Syncopated Lock Steps Fwd, Cross Rock / Recover, 1/4 Turn R, Side, Cross Samba L

1&2& Lf step forward, Rf lock behind Lf, Lf step forward, Rf step forward (12:00)
3&4 Lf lock behind Rf, Rf step forward, Lf step forward
5&6 Cross rock forward on Rf, recover on Lf, making a 1/4 turn to right (3) step Rf to the right weight onto Rf
7&8 Cross step Lf over Rf, step Rf to the R and slightly forward, step Lf to the L and slightly forward

[25-32] Cross Samba R, Cross, 1/4 Turn L, Back, Back, Coaster Step, Lock Step Fwd

1&2 Cross step Rf over Lf, step Lf to the L and slightly forward, step Rf to the R and slightly forward (3:00)
3&4 Cross Lf over Rf, making a 1/4 turn to left (12) step back on Rf, step back on Lf
5&6 Step back on Rf, step Lf beside Rf, step forward on Rf weight onto Rf (Coaster Step)
7&8 Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf (12:00)

[33-40] Heel Switches Fwd R-L, Point & Point, 1/2 Pivot L, Walk, Walk

1&2& Tap R heel forward, step Rf back in place, tap Lf heel forward, step Lf back in place (12:00)
3&4& Point Rf out to the right, step Rf beside Lf, point Lf out to the left, step Lf beside Rf
5-6 Step forward on Rf, making a 1/2 turn to left (6) take weight onto Lf
7&8 Stepping forward on Rf, stepping forward on Lf (6:00)

[41-48] Kick Ball Step Fwd, Heel Switches Fwd R-L, Point & Point, 1/2 Pivot L, Walk, Walk

1-2 Kick forward on Rf, step Rf back in place on ball, step forward on Lf (6:00)
3&4& Tap R heel forward, step Rf back in place, tap Lf heel forward, step Lf back in place
5&6& Point Rf out to the right, step Rf beside Lf, point Lf out to the left, step Lf beside Rf
7-8 Stepping forward on Rf, stepping forward on Lf weight onto Lf (6:00)

Start Again

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