

# Keong Racun

拍數: 40      牆數: 2      級數: Beginner  
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音樂: Keong Racun - Lissa



## Introduction – 34 counts (Start on Vocal)

### Section I: CROSS ROCKING CHAIR – X2, SYNCOPATED SIDE STEP (with hips movement)

1&2            Cross R over L, Recover back onto L, Step back diagonally on R Recover onto L  
3&4            Cross R over L, Recover back onto L, Touch R Beside L  
5&6&          Step R to right side, Step L together, Step R to right side, Step L together  
7&8            Step R to right side, Step L together, Step R to right side

### Section II: Repeat Section I with the opposite Foot work and direction

### Section III: FORWARD WALK, FORWARD SHUFFLE – (X2)

1-2            Step forward on : R – L  
3&4            Shuffle forward on : R, L, R  
5-6            Step forward on : L – R  
7&8            Shuffle forward on : L, R, L

### Section IV: 1/4 JAZZ BOX – X2

1-2            Cross R over L – Step back on L turning 1/4 Right  
3-4            Step R to right side – Close L beside R  
5-6            Cross R over L – Step back on L turning 1/4 Right  
7-8            Step R to right side – Close L beside R

### Section V: KNEE POP, SIDE ROCK – TOGETHER – (X2)

Style : During Knee Pop – Bring up R & L Arms separated | Palm  
Hands and Contra up in circular motion in & out twice,  
Gradually in front of chest. (in – out – in – out)

1&2            Pop knees together to : right out – center – right out – center  
3&4            Rock R to right side, Recover onto L, Close R together  
5&6&          Pop knees together to : left out – center – left out – center  
7&8            Rock L to side, Recover onto R, Close L together

### RESTARTS :

On Wall 2 & 6, Dance up to count 16

On Wall 4 & 8, Dance up to count 8