

Cold as Rain

拍數: 64 牆數: 2 級數: Improver
編舞者: Roly Ansano (USA) - December 2010
音樂: Lluvia - Trova Salsera



Alt. music: Inside Out (Remix) by Imelda May.

Start dance 32 counts in.

FORWARD MAMBO, RIGHTSIDE MAMBO, LEFTSIDE MAMBO, BACK MAMBO

1-4 Rock L forward, recover to R, step L back, HOLD
5-8 Rock R to side, recover to L, step R together, HOLD
9-12 Rock L to side, recover to R, step L together, HOLD
13-16 Rock R back, recover to L, step R forward, HOLD

FORWARD MAMBO, RIGHTSIDE MAMBO, LEFTSIDE MAMBO, TURN, BACK MAMBO

1-4 Rock L forward, recover to R, step L back, HOLD
5-8 Rock R to side, recover to L, step R together, HOLD
9-12 Rock L to side, recover to R, step L together, HOLD
13-16 Turn 1/4 right & rock R back, recover to L, step R forward, HOLD

CROSS-SIDE-BEHIND-SIDE-CROSS ROCK-AND-SIDE (2X)

1-4 Cross L over R, step R to side, cross L behind R, step R to side
5-8 Cross/rock L over R, recover to R, step L to side, HOLD
9-12 Cross R over L, step L to side, cross R behind L, step L to side
13-16 Cross/rock R over L, recover to L, step R to side, HOLD

ROCK-AND-TURN (3X), BACK MAMBO

1-4 Rock L forward, recover to R, turn 1/4 left & step L back, HOLD
5-7 Rock R back, recover to L, turn 1/4 left & step R forward, HOLD
9-12 Rock L forward, recover to R, turn 1/4 left & step L back, HOLD
13-16 Rock R back, recover to L, step R forward, HOLD

REPEAT

ENDING: On Wall 9, facing front, dance and repeat Section 1 until the music ends.
