

Hold My Hand

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - November 2010
音樂: Hold My Hand (with Akon) - Michael Jackson



Starts On Vocal (32 Counts.)

Step, Rock & Kick, Cross, Coaster Step, Step, 1/2 Pivot, Step, 1/2, 1/4, Rock.

- 1 Step forward on Left.
- 2&3 Rock to Right side on Right, recover on Left, kick Right forward diagonal Right.
- & Cross step Right over Left.
- 4&5 Step back on Left, step Right next to Left, step forward on Left.
- 6-7 Pivot 1/2 turn to Right, step forward on Left. (6:00)
- 8&1 Make 1/2 turn to Left stepping back on Right, 1/4 turn to Left stepping Left to Left side, cross rock Right over Left. (9:00)

Recover & Cross & Behind & Rock, Recover & Cross, 1/4, 1/2 Step.

- 2&3 Recover on Left, step Right to Right side, cross step Left over Right.
- &4 Step Right to Right side, cross step Left behind Right.
- &5 Step Right to Right side, cross rock Left over Right.
- 6&7 Recover on Right, step Left to Left side, cross step Right over Left.
- 8&1 Make 1/4 turn to Right stepping back on Left, 1/2 turn to Right stepping forward on Right, (*) step forward on Left. (6:00)

Rock & 3/8, Circular 5/8 Weave, Rock & Side (With Drag).

- 2&3 Rock forward on Right, recover on Left, make 3/8 turn to Right stepping forward on Right. (10:30)
- 4&5 Cross Left over Right making 1/8 turn to Left (9:00), step Right to Right side, cross step Left behind Right making 1/8 turn to Left (7:30).
- 6&7 Cross step Right behind Left making 1/8 turn to Left (6:00), make 1/4 turn to Left stepping forward on Left (3:00), Right to Right side. (4-7 should look circular)
- 8&1 Cross rock Left behind Right, recover on Right, step Left to Left side. (drag Right towards Left rising up slightly on Left)

Run R-L-R, Rock & Step. Rock & 1/2, Sailor 1/2.

- 2&3 Dropping down slightly run forward Right-Left-Right.
- 4&5 Rock forward on Left, recover on Right, step back on Left.
- 6&7 Rock back on Right, recover on Left, make 1/2 turn to Left stepping back on Right.
- 8&(1) Cross step Left behind Right making 1/4 turn to Left, make 1/4 Left stepping Right next to Left, (step forward on Left beginning dance again.)

Restarts: (*) On Wall 2 & Wall 5

Dance Up To and Including Counts 8&1 in Section 2 (Count 17)..
Then Restart Dance .. Count 1 Being First Count of Dance.

On Last Wall Music Will Slow & Fade... Stick With It & Make Your Own Beautiful Finish.